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Wednesday, June 22, 2011
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News worth sharing.

HURRY IN! ONLY 4 DAYS LEFT

KIA

4-DAY CASH BONUS SALE

4 DAYS ONLY! JUNE 22–25

ON ALL NEW 2011/2012 IN-STOCK VEHICLES

PLUS AN ADDITIONAL $500 TO
$750 CASH BONUS§

2011 KIA SPORTAGE

MOTORING 2011 CAR OF THE YEAR

TOP SAFETY PICK 2011^ INSURANCE INSTITUTE FOR HIGHWAY SAFETY

Sportage EX Luxury shown

KIA

KIA

4-DAY CASH BONUS SALE

4 DAYS ONLY! JUNE 22 – 25

ON ALL NEW 2011/2012 IN-STOCK VEHICLES

PLUS AN ADDITIONAL $500 TO

$750 CASH BONUS[5]

0% FINANCING AVAILABLE ON **ALL 2011 MODELS**

PAY UNTIL FALL ON SELECT MODELS*

JOIN THE FAMILY.

HIGHEST POSSIBLE FRONTAL AND SIDE SAFETY RATINGS
INSURANCE INSTITUTE FOR HIGHWAY SAFETY

★★★★★ Crash Test Rating
NHTSA - Frontal and side impacts

7 PASSENGER SEATING AVAILABLE

Rondo EX-V6 Luxury shown

Sedona EX Luxury shown

2011 KIA RONDO

WAS ~~$21,645~~

CASH PURCHASE PRICE FROM **$16,645**[4]

PLUS $500 CASH BONUS

NOW GET UP TO **$5,000** IN CASH SAVINGS[4]

Includes $750 Loyalty Bonus[5] and $4,250 Cash Credit[4]

HWY: 7.5L/100KM (38 MPG)
CITY: 10.6L/100KM (27 MPG)

2011 KIA SEDONA

WAS ~~$27,995~~

CASH PURCHASE PRICE FROM **$21,995**[4]

PLUS $500 CASH BONUS

NOW GET UP TO **$6,000** IN CASH SAVINGS[4]

HWY: 8.0L/100KM (35 MPG)
CITY: 11.5L/100KM (25 MPG)

BOTH VEHICLES INCLUDE:

- MP3/USB INPUT
- BLUETOOTH CONNECTIVITY*
- STEPTRONIC AUTOMATIC TRANSMISSION
- 6 STANDARD AIR BAGS
- ESC ELECTRONIC STABILITY CONTROL
- AVAILABLE IN-DASH NAVIGATION
- DVD AVAILABLE DVD ENTERTAINMENT SYSTEM

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Plus a dealer financing rate is available on all 2010 Kia models as approved credit (OAC). Some rates by invitation only. See dealer for details. Regular combined financing example based on 2010 Kia Rondo EX (RK75B) with a selling price of $19,195, financed at 0% APR for 60 months. Monthly payment is equal $319.17 with a down payment/trade-related equity of $0. Cost of borrowing is $0, for a total obligation of $19,195. Delivery and destination fees ($1,550), other taxes, registration, insurance, licensing, PPSA ($29) and dealer fees are excluded. Rebates may sell for less. See dealer for full details. ^Don't Pay Until Fall* on select models 2011 days payment deferral applies to purchase financing offers on all models on approved credit (OAC) (2011 Sportage/Sorento/Mohave/Sedona excluded). No interest will accrue during the first 90 days of the finance contract. After this period, interest starts to accrue and the purchaser will repay the principal interest 6 months over the term of the contract. Cash purchase price for 2011 Sedona (SXF78E) Rondo (RK75B) is $27,995/ Rondo (RK75B) is $16,645 and includes a cash credit of $4,250/$5,250 ($6,250 excludes $5,500 in cash credit, $500 dealer participation (SXF78B) on cash purchase price of $5,000 excludes $4,000 in cash credit, $750 dealer participation and $750 credit to finance) based on the MSRP of $27,995/$16,645. Delivery and destination fees of $1,600/$1,695 and $79.99 A/C excluded. Available at participating dealers. ^Bonus Cash available for all qualified customers who purchase and take delivery of a 2010/2011 Kia model between June 22 – 25, 2011. $750 bonus cash available on all 2010 or 2011 Kia Sportage/Sorento models and excludes $750 dealer participation. $500 bonus cash available on all other 2010 or 2011 Kia models and includes $250 dealer participation. Bonus Cash is deducted from negotiated price before taxes. Offer available at participating dealers, see in-store for details. Taxable. Bonus offer available on 2010 Kia Rondo models at a value of $750 that can be used as down payment towards the purchase or lease of a new 2010/11 Rondo. Offer applicable to cash purchase, lease and purchase financing only between June 22, 2011. Offer is transferable within same household only (must provide proof of address) Cannot be used towards past or customer service rebates. Certain restrictions apply. See dealer for details. All offers available to retail customers, registrations, insurance, other taxes and dealer administration fees. Other dealer charges may be required at the time of purchase. Offer, taxes and finance options are available. Dealer may trade. Prices subject to change without notice. Certain conditions may apply. Vehicle images shown may include optional accessories and upgrades. ^^The actual fuel consumption of these vehicles may vary. These estimates are based on the Government of Canada's approved criteria and testing methods. Refer to the Government of Canada's publication Fuel Consumption Guide. ~All PSA (National Highway Traffic Safety Administration) test results. The award is applicable to 2011 Sedona models. Visit www.safercar.gov for full details. ~2011 Kia Sedona awarded Highest Possible Frontal and Side Safety Ratings by the Insurance Institute for Highway Safety. Visit www.iihs.org for full details. ^Bluetooth® word mark and logos are registered trademarks and are owned by Bluetooth SIG, Inc. Some conditions apply. See $500 Grad Rebate Program and $750 Kia Models Program. See dealer for details. Information on this advertisement is believed to be accurate at the time of print. For more information on our 5-year warranty coverages, visit kia.ca or call us at 1-877-542-2886. Kia Canada is the official automotive sponsor of Mothers Against Drunk Driving (MADD Canada). KIA is a trademark of Kia Motors Corporation.

ASIAN FLAVOURS PERK UP THE GRILL
HOISIN GARLIC BURGERS {page 27}

STILL ON BLAKE AND LEO SHARE WHIPPED CREAM {page 22}

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Wednesday, June 22, 2011
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B.C. tops in healthy living

New survey shows British Columbians have lowest obesity, smoking, binge-drinking rates

PHYLICIA TORREVILLAS
VANCOUVER@METRONEWS.CA

PHYLICIA TORREVILLAS/FOR METRO

▶ Two women spend the first day of summer cycling in Stanley Park yesterday.

British Columbians still hold the top spot in the country when it comes to healthy lifestyles, according to a report released yesterday.

The 2010 Canadian Community Health Survey shows B.C. residents have the lowest self-reported obesity rate and are the most physically active Canadians.

The survey — which compiles information from participants aged 12 and over — also reveals the province has the lowest smoking and binge-drinking rates in Canada. It also ranks second in fruit-and-vegetable consumption.

Dr. Perry Kendall, B.C.'s provincial health officer, said the combination of more health-conscious residents and numerous support services available to the public factored in the results.

"B.C. has been actively promoting chronic-disease prevention and health promotion with a number of programs ... geared at everybody from schoolchildren to adults," he said.

Kendall added he believes the numbers will improve with the new $68.7-million Healthy Families strategy launched to help British Columbians make healthier lifestyle choices.

"While (people) want a healthcare system that would take care of them when they are sick, I think most people would rather not get sick in the first place," he said.

The report also reveals if all British Columbians were physically active and did not smoke, the province could avoid almost $4 million in health-care costs.

B.C.'s healthy habits

- **59.1 per cent:** Physical activity rate of British Columbians aged 12 and over.
- **44.4 per cent:** Self-reported obesity rate for B.C. adults.
- **15.7 per cent:** Binge-drinking rate.
- **17.8 per cent:** Smoking rate.
- **43 per cent:** Fruit and vegetable consumption rate.

Local

Chief lashes out at critic

Self-proclaimed riot expert 'misled' media, says Jim Chu {page 3}

Hit the road

Take a drive through Napa Valley {page 25}

Breaking down the favourites

Who should win NHL awards? {page 33}

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Win up to $100,000 nightly.
Poker LOTTO
One ticket. Two chances to win. Every day.
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Know your limit, play within it.
19+ YEARS

The Bay apology boards come down

The apology boards that covered the broken windows of the Bay post-riot began to come down yesterday morning.

The boards will be temporarily stored at the Vancouver Museum until a decision is made on what to do with them.

People have been asked to pitch their ideas at thisisourvancouver.com.

Graffiti saying "I Love You" appeared overnight on one section of the Bay apology board, covering up some of the comments that had been written by Vancouverites.

"These walls were a way of redeeming our city after the riots," said Jen Grandines, 27, yesterday, of the new graffiti. "And then someone came along and tried to take that away from us."

SAHARA GIANNONE

SAHARA GIANNONE/FOR METRO

▶ A glazier takes down apology boards outside The Bay in downtown Vancouver yesterday.

Police chief fires back at critic

Chu says expert misrepresenting himself to media Whitelaw offered services to VPD but was rejected

MATT KIELTYKA
@METRONEWS.CA

Vancouver police Chief Jim Chu has lashed out at one expert who claims the force failed to heed his warnings after the 1994 riots.

In an email sent to the entire police department, Chu says Rob Whitelaw did not write the B.C. Police Commission's report on the 1994 riots as he claims, and accused the Ottawa resident of using the 2011 Stanley Cup riot to boost his image.

"I confirmed yesterday that Mr. Whitelaw did not write the 1994 report, and that he has misrepresented to the news media his involvement with the B.C. Police Commission," wrote Chu. "It is unfortunate reporters were misled and didn't test the veracity of Mr. Whitelaw's statements which at best appear to be incorrect or at worse, misleading and false.

"Mr. Whitelaw has definitely raised his personal profile and received a lot of attention at our expense."

Whitelaw has told media that Vancouver police failed to implement a number of recommendations in the 1994 report that could have prevented the most recent riots in Downtown Vancouver.

But Chu said the only recommendation in the report the force hasn't acted on were restrictions to where media can set up cameras.

Despite some criticism at the police response in the riots, Chu has publicly commended his officers for dispersing the crowd in three hours — twice as fast as the '94 riots.

In the email, Chu quotes a section of the 1994 report that states crowd behaviour can be "beyond the control of any local jurisdiction, no matter how well coordinated."

JENNIFER GAUTHIER/FOR METRO

▶ firefighters work to extinguish burning cars during last Wednesday's riot.

Mayor opposes post-riot 'vigilantism'

Mayor Gregor Robertson spoke out against reports that suspected rioters are being harassed and fired from their jobs.

"The vigilante approach is totally unacceptable and it just builds on the negative feelings and the hatred that were incited during the riot," he told reporters yesterday.

"As much as we all want to see justice served quickly, we need to rely on the systems that we have to make sure it's fair."

DAVID PROCTOR

DAVID PROCTOR/FOR METRO

▶ Mayor Gregor Robertson

News in brief

Charges laid in Richmond standoff

James Roper, 38, is facing 10 charges, including kidnapping, sexual assault, and attempted murder after an alleged five-and-a-half-hour standoff two weeks ago. DAVID PROCTOR

New forestry rules in B.C.

Forest Minister Steve Thomson has unveiled the First Nations woodland licence, giving aboriginals exclusive rights to harvest timber on Crown land as long as they follow provincial regulations and pay stumpage and other fees.

THE CANADIAN PRESS

1 news

Iran's fashion police expand its annual summertime crackdown. Scan code for story

1 Download the free ScanLife app with your smartphone at 2dscan.com

2 Use your smartphone to scan 2D barcodes in Metro

3 The codes will direct your mobile browser to **m.metronews.ca**

On the web at metronews.ca

Saskatchewan premier takes a first-hand look at the damage wrought by flooding in the province's southeast. Video at metronews.ca

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The making of the Rick Hansen 25th Anniversary Medal

Medal unveiling

The Royal Canadian Mint showed off its new medal for the 25th anniversary of Rick Hansen's Man in Motion World Tour yesterday.

One of these medals will be worn in a cross-Canada relay, and a handful will be distributed to winners of the Rick Hansen Foundation Difference Makers Awards.

DAVID PROCTOR

Sterling silver

The medal is made of 92.5 per cent silver and 7.5 per cent copper. It weighs 400 grams.

"The Olympic medals were a massive weight and size," explained Renato Romozzi, engineering services manager at the Royal Canadian Mint. "With the Rick Hansen, you have to be careful because you're actually running with the medal."

High-tech details

The texture in the centre of the medal was drawn from the palm of one of the gloves Rick Hansen wore on his Man in Motion World Tour.

"We took the glove and we scanned it, produced a file and lasered that scan onto (the metal)," Romozzi explained.

Protection from the elements

Since it will be worn on a relay across Canada, the entire metal has a hard coating to protect against weathering and tarnish.

"Especially on the route that it's going to have, it's going to be exposed to the elements, so it has to be protected," said Romozzi.

7,000

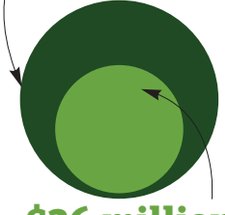
The number of runners who will wear one of the medals as they retrace Rick Hansen's steps in the Rick Hansen 25th Anniversary Relay, which will start on Aug. 24 in Cape Spear, Nfld., and end in Vancouver on May 22, 2012. The medal will be carried between 40 and 80 kilometres each day.

Funds raised

Rick Hansen's original world tour was only the start of fundraising that has been done in his name.

$200 million

AMOUNT THE RICK HANSEN FOUNDATION HAS PUT TOWARD SPINAL-CORD RESEARCH.



$26 million

AMOUNT RICK HANSEN RAISED IN THE ORIGINAL 1985 MAN IN MOTION WORLD TOUR.

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"LASIK doesn't treat astigmatism."
LASIK FACT
LASIK corrects astigmatism more effectively than glasses or contacts.
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from **$164**
+ taxes & fees $435

Frankurt	from $299 + taxes & fees $505
Munich	from $299 + taxes & fees $490
Paris	from $398 + taxes & fees $463
Manchester	from $399 + taxes & fees $514
London	from $449 + taxes & fees $511

Airfares

San Francisco
from **$299**
+ taxes & fees $130

Las Vegas	from $198 + taxes & fees $111
Los Angeles	from $238 + taxes & fees $108
Orlando	from $389 + taxes & fees $119
Honolulu	from $428 + taxes & fees $115
New York	from $488 + taxes & fees $164
Bangkok	from $525 + taxes & fees $734
Lima	from $609 + taxes & fees $407
Costa Rica	from $789 + taxes & fees $419
Sydney	from $879 + taxes & fees $680

All-inclusives

Puerto Vallarta
7 Nights 4-Star
from **$258**
+ taxes & fees $331

Cancun 7 Nights 4-Star — from $549 + taxes & fees $331
INCLUDES adults only accom.

Mayan Riviera
7 Nights 4.5-Star — from $597 + taxes & fees $331

Mazatlan 7 Nights 3.5-Star — from $599 + taxes & fees $114
UPGRADE to 4-star from $14 per night.

Samana, Dominican Republic
7 Nights 4-Star — from $709 + taxes & fees $195

Costa Rica 7 Nights 4-Star — from $1199 + taxes & fees $232
INCLUDES Liberia accom.

Family Vacations

Great Wolf Lodge
Family Special, 3 Nights + Waterpark Pass
from **$239**◊
taxes & fees included
INCLUDES family suite accom with waterpark pass at Washington's Great Wolf Lodge. Price per person based on a family of 4.

Anaheim Air + 4 Nights — from $369◊ + taxes & fees $128
INCLUDES accom adjacent to theme parks. Price per person based on family of 4.
BOOK package based on double occupancy from $449 per person. ADD 3-day *Disneyland* Resort *Park Hopper* Bonus Ticket from $179/adult and $159/child (ages 3-9 years).

California Air + 7 Nights — from $589◊ + taxes & fees $112
INCLUDES airfare to Los Angeles, return from San Diego, 4 nights central Anaheim accom, 3 nights San Diego accom and full size car rental with unlimited mileage. Price per person based on family of 4. BOOK package based on double occupancy from $899 per person.

Cruises

Bahamas 4-Night Cruise — from $232 + taxes & fees $99
CRUISE roundtrip Miami and visit Freeport, Great Stirrup Cay and Nassau.

Western Caribbean
6-Night Cruise — from USD $289 + taxes & fees USD $86
CRUISE roundtrip Fort Lauderdale and visit Key West, Grand Cayman and Ocho Rios.

Mexican Riviera
7-Night Cruise — from USD $359 + taxes & fees USD $56
CRUISE roundtrip Los Angeles and visit Puerto Vallarta, Mazatlan and Cabo San Lucas.

Mediterranean
7-Night Cruise — from $529 + taxes & fees $101
CRUISE roundtrip Venice and visit Dubrovnik, Piraeus, Izmir and Split.

USA

Las Vegas
Air + 3 Nights
from **$199***
+ taxes & fees $63
INCLUDES air from Bellingham and accom on the Strip. UPGRADE to 4-star accom from $10 per night.

Seattle 2 Nights — from $169 taxes & fees included
INCLUDES accom in the University District.
UPGRADE to 4-star accom from $39 per night.
ADD return transfers from downtown Vancouver to downtown Seattle from $100.

San Francisco Air + 3 Nights — from $499 + taxes & fees $133
INCLUDES central accom with breakfast.

Miami Air + 4 Nights — from $598 + taxes & fees $129
INCLUDES oceanfront resort accom between Fort Lauderdale and South Beach.

Canada

Kelowna
Weekend, 2 Nights
from **$198**
taxes & fees included
INCLUDES downtown Kelowna accom near Lake Okanagan. ADD Summerhill Winery tour and tasting from $10.

Tofino 3 Nights — from $319 taxes & fees included
INCLUDES accom on secluded oceanfront property with private beach. ADD whalewatching tour from $99.

Thompson River River Rafting, 2 Nights — from $469◊◊ taxes & fees included
INCLUDES luxurious cabin-tent accom, meals, use of all resort amenities and 1 day guided rafting. Price per person based on quad occupancy.
BOOK package based on double occupancy from $539 per person.

Banff Air + 3 Nights — from $595 + taxes & fees $135
INCLUDES accom near town centre.
ADD economy car rental with unlimited mileage from $33 per day.

Vacations

London
Air + First 2 Nights — from $609 + taxes & fees $511
INCLUDES central accom. ADD Bath, Windsor and Stonehenge tour from $118. ADD BritRail England 3-day flexi pass from $215.

Paris Air + First 2 Nights — from $629 + taxes & fees $463
INCLUDES Montmartre accom near Moulin Rouge and Sacre Coeur. ADD Benelux-France Pass Saver (4 days in 2 months) $337.

Bahamas
Air + 7 Nights 4.5-Star — from $1223 + taxes & fees $138
INCLUDES Cable Beach accom.

Bali Air + 8 Nights — from $1259 + taxes & fees $283
INCLUDES resort accom on Sanur Beach.
UPGRADE to 4-star resort accom from only $6 per night.

Disneyland Resort

Save 25%^ up to
on your *Disneyland* Resort Summer Vacation.
PLUS receive 2 Disney FASTPASS* tickets per person.

2 Park Days FREE*
Purchase a *Disneyland* Resort *Park Hopper* Bonus Ticket at Flight Centre and receive 2 more days FREE!

***Disneyland* Resort Good Neighbor Hotel** — from $449◊ + taxes & fees $110

***Disney's Paradise Pier* Hotel** — from $579◊ + taxes & fees $110
BONUS 25%^ hotel savings included.
PLUS receive 2 Disney FASTPASS* tickets per person.

***Disneyland* Hotel** — from $659◊ + taxes & fees $110
BONUS 20%^ hotel savings included.
PLUS receive 2 Disney FASTPASS* tickets per person.

Disney's Grand Californian Hotel & Spa — from $729◊ + taxes & fees $110
BONUS 20%^ hotel savings included.
PLUS receive 2 Disney FASTPASS* tickets per person.

Above packages include:
Air & 4 nights accom at select hotels.
Prices are per person based on a family of 4.

Disneyland

Long Stay

Costa Del Sol
Air + 20 Nights
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+ taxes & fees $510
INCLUDES roundtrip airfare to Malaga, airport transfers and studio accom with kitchenette near the beach.
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Vancouver goes with the current

Pilot project offers charging stations at EasyPark lots ◐ City says electric cars are way of future

DAVID PROCTOR
VANCOUVER@METRONEWS.CA

DAVID PROCTOR/FOR METRO

▶ Mayor Gregor Robertson plugs an electric car into one of the new chargers in a parking lot near city hall yesterday.

Mayor Gregor Robertson appeared at a parking lot behind city hall yesterday to show off two electric car-charging stations, the first in a pilot program designed to ready the city for widespread adoption of the green vehicles.

"We have a big focus in the city on walking, on biking, on taking transit, but we recognize that cars are going to be around for a long, long time," said the mayor, who also noted that the city intends to have electric cars account for 15 per cent of new vehicle sales by 2020.

Lisa Coltart, executive director of PowerSmart, added that the project will help BC Hydro understand what sort of demand electric cars will eventually place on the province's electrical grid. She said it offers "a glimpse of where both the provincial government and the city would like to go in the future."

Several car manufacturers are planning to release mass-market electric vehicles in the coming months, and the city expects high rates of adoption in the Vancouver area. B.C. already buys hybrid cars at a rate double that of the rest of Canada.

The pilot project will see the installation of as many as 15 charging stations at EasyPark lots throughout the city. Robertson said the project's total cost will be $140,000, which will be shared between the city and its partners.

DUELLING AD CAMPAIGNS

Stickmen do battle over HST

The B.C. Federation of Labour has unveiled TV ads attacking the harmonized sales tax using stickmen figures that closely resemble the B.C. government's own ads promoting the tax.

One ad shows a stickman rejecting an HST-labelled car even though the salesman promises to drop the price in three years. It ends with the message: "No matter how you dress it up, the HST is an unfair tax."

Jim Sinclair, the B.C. Labour Federation president, says the province is using millions of taxpayer dollars on what he calls a false advertising campaign designed to sell the tax.

He says the HST will save business as much as $2 billion a year, while average citizens will pay $1.3 billion more.

The duelling ad campaigns come as B.C. residents prepare to vote on the HST in a mail-in ballot that's currently at the mercy of the postal dispute.

THE CANADIAN PRESS

Mumps outbreak hits region

Check your immunization records: An outbreak of mumps is hitting the region.

The B.C. Centre for Disease Control says there have been 77 cases of mumps across the Coastal and Fraser health authorities, with victims ranging in age from one to 54.

Most of the cases have been diagnosed in young adults, and the centre says this is the first sizable outbreak of the disease since 2008, when 192 cases were reported. THE CANADIAN PRESS

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5. Drastically increased data capacity
6. And what does this mean?
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8. Download more of your favourite movies
9. Amazing internet gameplay through your console
10. Buy last minute gifts online
11. Always smooth video chatting with friends and family
12. Amazingly seamless streaming of your top radio stations
13. More audio downloading
14. Stream MORE of your favourite TV shows
15. Upload digital photos in a blink of an eye
16. The whole household online without compromise
17. Download HD movies FAST
18. Your favourite song downloaded and playing instantly
19. Instant loading of new viral videos
20. Buy tickets faster online before they're gone
21. Outbid the online competition at the last second
22. Taking social networking to the next level
23. Keeping everyone in the house happy doing whatever they love to do
24. Experience it all on your laptop, tablet or smartphone with free Wi-Fi
25. With Personal TV, Personal Home Phone, and free Wi-Fi it's just $99.90* a month

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Will and Kate's Canadian tour revealed

Prince William and his new bride, Catherine, will travel by passenger jet, bush plane, naval frigate and canoe as they tour Canada next month on their first official overseas trip since their April 29 wedding.

The royal couple will attend Canada Day celebrations in Ottawa, dragon boat races in Charlottetown, a street hockey game in Yellowknife and the Stampede Parade in Calgary on their nine-day visit.

William and Kate's official itinerary, just released, sets a busy pace for the young couple, beginning with their arrival in Ottawa June 30 and ending with their departure from Calgary July 8.

William and Canadian Prime Minister Stephen Harper plan to make speeches at the national celebration. There will be a video link to Canadian forces in Afghanistan.

The Duke and Duchess of Cambridge will also visit Quebec, where they'll tour a children's hospital in Montreal and attend a military ceremony in Quebec City.

In between, they'll spend a night aboard HMCS Montreal, a navy frigate, for a leisurely sail down the St. Lawrence River.

In Yellowknife, they'll board a float plane for the isolated native community of Blachford Lake, where they'll take a canoe ride before departing the Northwest Territories for the Calgary Stampede.

"This will be perhaps the largest, most-watched royal visit in Canada's history," Canadian Heritage Minister James Moore said.

"We do expect a record number of Canadians to come out to the public events."

THE CANADIAN PRESS/ THE ASSOCIATED PRESS

For the full itinerary, scan this code or visit metronews.ca

RCMP launches G8 fund probe

Investigation prompted by complaint made during election campaign **Follows AG report on legacy fund**

The RCMP is looking into allegations the Harper government misappropriated funds in order to lavish $50 million on a cabinet minister's riding prior to last year's G8 summit.

The probe comes on the heels of an auditor general's report earlier this month, which concluded the government "did not clearly or transparently" explain how the money was going to be spent when it sought Parliament's approval for a G8 legacy fund for Tony Clement's riding.

The Mounties' involvement was prompted by a complaint from former Liberal MP Marlene Jennings. She was interviewed last week by three RCMP officers.

"My sense is that they're looking at this to see if there are any elements of proof that there may have been wilful intention to mislead Parliament," Jennings said in an interview yesterday.

An RCMP spokesperson said the force is evaluating the information before deciding whether to launch a formal investigation.

THE CANADIAN PRESS

▶ Tony Clement, president of the Treasury Board and minister for the Federal Economic Development Initiative for Northern Ontario, goes to question period yesterday.

Baird shrugs at 'public relations stunt'

Foreign Affairs Minister John Baird shrugged off news of police involvement in the matter.

"What this is, is a defeated Liberal candidate in the last election pulling off a public relations stunt," he told the Commons.

Former Liberal MP Marlene Jennings, who was defeated in the May 2 election, first sought an investigation in the midst of the election campaign. Her complaint was prompted by an early draft of the auditor general's report, which was leaked mid-campaign to The Canadian Press.

The early draft was much more blunt than the final version released on June 9. It concluded the government "misinformed" Parliament about the G8 legacy fund and suggested it may have acted illegally.

In an April 15 letter to the director of public prosecutions, Jennings said the government may have wilfully violated two appropriations acts and the Financial Administration Act, which stipulate that the government must disclose how it intends to spend the money when it seeks parliamentary approval for funding.

Jennings said she never heard back from the public prosecutor's office. But she did eventually receive a letter from the RCMP, advising her that "the matter is with A Division Commercial Crime Section." THE CANADIAN PRESS

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VATICAN'S iPOD IDEA

HOLY HUSH? THERE'S AN APP FOR THAT

GREGORIO BORGIA/THE ASSOCIATED PRESS

▶ Tourists listen to an iPod guide.

The Vatican is using iPods to lower the tour-guide noise level.

From a tiny booth in the back of St. John Lateran, the Holy See's pilgrim agency is asking tourists if they want to tour Rome's oldest basilica with an iPod loaded with an app designed to access art, architecture and history.

Agency boss Rev. Caesar Atuire said with a tap of a finger tourists can zoom in on high-resolution images of artistic details, such as the starry blue canopy above the high altar or decorated vaulted ceilings.

Apps users also can refer to images from the Vatican Library.

The iPod audio has a chatty format, with some narration by "characters" in history, such as Roman emperor Constantine.

After the trial ends in December, the Vatican will decide whether to expand the iPod app to other Rome basilicas.

THE ASSOCIATED PRESS

The cyberspace sirens

Women like sexting, survey suggests ◐ They are more likely than men to send their raunchy photos online ◐ Today's web makes cheating easy

BEATRICE BEDESCHI
METRO WORLD NEWS

When is comes to sexting, women are naughtier than men, it seems.

Women are more likely to send online photos of themselves naked and engage in sexting — sending sexually explicit text messages, a new U.S.-based study suggests.

Researchers Diane Kholos Wysocki and Cheryl Childers placed a survey on Ashleymadison.com, a website aimed at married people looking for sex outside marriage.

More than two-thirds of women respondents claimed they have engaged in sexting outside their serious relationship, compared to just over half of men.

METRO

▶ New U.S. research suggests females are the naughty ones in cyberspace.

About 77 per cent of women between the ages of 25 and 29 who were surveyed confessed to sexting.

Some 5,187 adults responded to questions about Internet use, sexual behaviour and attitudes about sexual behaviours in cyberspace, the researchers say.

"Our research suggests that as technology changes, the way people find each other and the way they attract a potential partner also changes," said Wysocki and Childers.

Weiner's lesson

- Sexting led to the ruin of U.S. congressman Anthony Weiner.
- He took lewd photos of himself and sent them to at least one woman online.
- After a weeks-long scandal he was forced to announce his resignation.
- Flirting online can be risky business for those inexperienced in the pursuit.
- "The Internet gives the opportunity to those who are not socially competent face-to-face to hide behind the anonymity," says psychologist Leila Collins from the British Psychological Society.
- "But at the same time, people should be wary of what is behind pictures and online profiles: what seems to be a 25-year-old man could actually turn out to be completely someone else."

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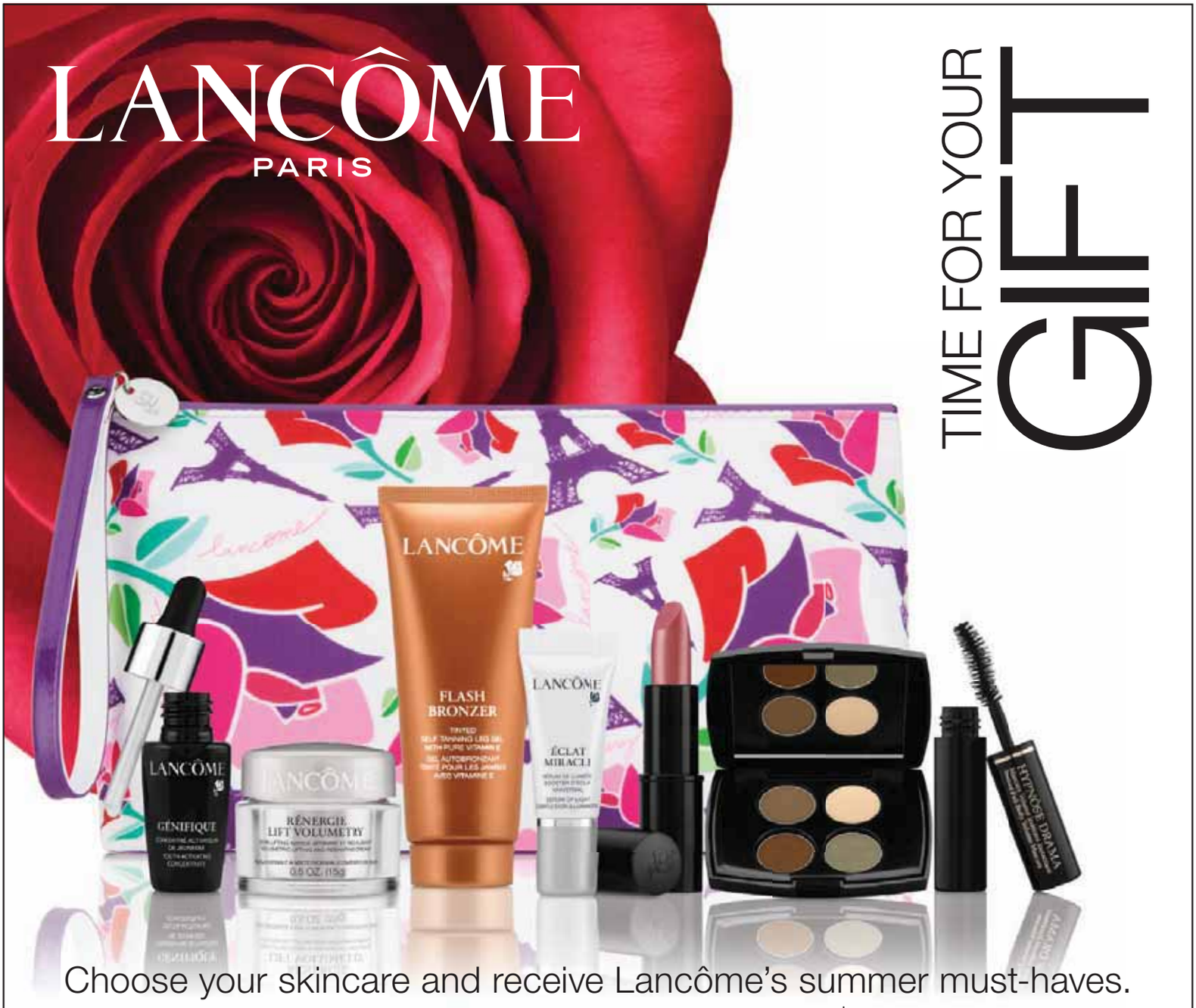

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HURRY IN
OFFER ENDS JUNE 26, 2011

Scaring them to death ...

New labels on U.S. cigarette packs show smokers what dying of lung cancer looks like

Rotting teeth. Diseased lungs. A corpse of a smoker.

Nine new warning labels featuring graphic images that convey the dangers of smoking will be required by the Food and Drug Administration to be on U.S. cigarette packs by 2012.

Other images include a man with a tracheotomy smoking and a mother holding a baby with smoke swirling around them.

The labels will include phrases like "Smoking can kill you" and "Cigarettes cause cancer."

The labels, which the FDA released yesterday, are a part of the most significant change to U.S. cigarette packs in 25 years.

THE ASSOCIATED PRESS

▶ One of the new U.S. warning labels.

They're aimed at curbing tobacco use, which is responsible for about 443,000 deaths in the U.S. a year.

Health Canada, meanwhile, also plans to add larger, more explicit graphics to cigarette packages.

THE ASSOCIATED PRESS

Solstice. In Times Square

▶ Yoga practitioners salute the sun while celebrating the solstice in New York's Times Square yesterday.

RICHARD DREW/THE ASSOCIATED PRESS

Chin up! It's summer

Farmer's life not going swimmingly: Fields are full of fish

Frustrated farmers in Manitoba say their fields are full of fish.

David Reykdal normally sees hundreds of cattle on his farmland.

But thanks to this summer's flooding, he's seeing thousands of … carp.

Reykdal wonders what he's supposed to do when the water recedes and he's left with a lot of dead fish.

Darcy Hardman is the emergency co-ordinator for the rural municipality of St. Andrews but for now he's on loan to the rural municipality of Siglunes to help out with the problems being caused by overland flooding.

He says he and municipal officials will be getting together soon to toss around some ideas.

But he says with high levels of water expected for a while yet, he's assuming "the smart carp are going to swim that way and get back out into the lake again."

"Can we hold on for five or six years? I don't know."
FARMER DAVID REYKDAL, WONDERING WHERE HE'LL GET NEW FEED FOR HIS CATTLE

The high water levels are expected to keep rising into mid-July, so cattle farmers say they are facing an uncertain future.

Some hay fields needed to feed hungry herds are under nearly two metres of water, and producers are wondering where they'll get new feed and who will pay for it.

"In '55, when it flooded, it took five or six years to recover," said Reykdal.

THE CANADIAN PRESS

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News in brief

Stonehenge hails summer

LONDON. A damp overcast British morning failed to deter thousands of people gathered at Stonehenge to celebrate the summer solstice.

Around 18,000 neo-pagans, new agers and curious visitors gathered yesterday in heavy rain to watch the sun rise over the ancient stone circle on the Salisbury Plain about 130 kilometres southwest of London.

Police said the event was good natured but 20 people-were arrested for drug and public-disorder offences.

THE ASSOCIATED PRESS

Crash blamed on pilot error

MOSCOW. An aging Russian airliner went down in heavy fog and burst into flames just short of a runway in northwestern Russia, killing 44 people in a crash that officials blamed on pilot error.

Eight people survived, dragged from the burning wreckage by locals.

The RusAir Tu-134 plane had taken off from Moscow and was moments from landing at the Petrozavodsk airport when it slammed into a nearby highway just before midnight Monday, officials said.

THE ASSOCIATED PRESS

Arnie misses his homeland

VIENNA. Under fire back home in California, Arnold Schwarzenegger is rediscovering the gentler pleasures of Austria, the country of his birth.

In Vienna for an environment conference, the former governor of California began his speech yesterday in German instead of English. And he focused on the familiar things he misses in California — "the music of Mozart" or "a juicy wiener schnitzel."

Schwarzenegger's popularity in the U.S. sunk in the wake of revelations he fathered a child with his housekeeper.

THE ASSOCIATED PRESS

Irate wife storms out of murder trial

The wife of a former Quebec cardiologist charged with killing his two young children stormed from the courtroom during final arguments yesterday.

Isabelle Gaston was reacting to a declaration by her husband's lawyer, who said Guy Turcotte was not rational at the time of the crime.

Lawyer Pierre Poupart said Turcotte loved his children and should be found not guilty by reason of mental illness.

Turcotte is charged in St-Jerome, Que., with first-degree murder in the 2009 stabbing deaths of his five-year-old son Olivier and three-year-old daughter Anne-Sophie.

He has admitted from the beginning to having caused the deaths but has denied intent.

If found guilty of first-degree murder, Turcotte faces the prospect of life in prison. Thirty-nine witnesses have been heard.

THE CANADIAN PRESS

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Skateboarding. Day

▶ Girls wait to start skateboarding to mark World Skateboarding Day in Kabul, Afghanistan, yesterday. Hundreds of Afghan boys and girls took part.

MUSADED SADEQ/THE ASSOCIATED PRESS

Girls get in on action

Street View halted in India

Clearances required from Home Ministry, Ministry of Defence: Official

Google has been barred from taking pictures of streets in India for its popular Street View service until it obtains approval from the federal government, police said yesterday.

T. Sunil Kumar, a senior police official in the technology hub of Bangalore, said the company would be allowed to resume filming only after it produces security clearances.

The Mountain View, Calif.-based company has so far not produced any clearance despite claiming to have it, Kumar said.

"We have security concerns. There are a lot of sensitive establishments in Bangalore and those pictures would be available in the public domain."
T. SUNIL KUMAR, POLICE OFFICIAL

Officials at Google's India subsidiary did not immediately comment.

India is especially sensitive about detailed photographs and locations of key buildings being made public since the 2008 Mumbai attacks, in which 10 gunmen rampaged through city landmarks, killing 166 people.

Google India launched its Street View service in Bangalore in late May and plans to include other cities as well.

Street View has raised privacy concerns in many countries. In Switzerland the company is appealing a court ruling that obliges it to ensure all faces and vehicle license plates are blurred before pictures are uploaded to the Street View service. THE ASSOCIATED PRESS

Take a look at our sample story and then get writing!

Every road trip offers…

… memories to last a lifetime, but my most memorable was spent touring the Rocky Mountains in Alberta with my family. My parents packed my brother and me, aged 9 and 13, into our family SUV for a two-week trip.

I'm sure there were squabbles along the way, but when I look back I recall wonderful moments. I remember sunny days, stopping for ice cream at viewpoints along the highway, singing along to popular radio hits as we wound through the mountains and countless giggles as we entertained ourselves with silly road trip games like "I Spy".

But by far, the best part of our road trip was an unexpected adventure along the way. On an excursion to Lake Louise we took a wrong turn, and found ourselves driving down a secluded road underneath a canopy of trees, all alone except for an occasional sighting of wildlife. The views were spectacular and no one was in a hurry to return to the highway, so we carried on.

Eventually, the pavement became bumpy gravel. Crawling along at 10km an hour, we finally came to the end of the road – with a magnificent vista in view: sparkling turquoise water encircled by rugged mountains. Rather than reaching our planned destination, we had accidentally discovered Lake Moraine, a pristine glacial lake, far away from the touristy crowds. We sat still and quiet in the car, taking in the breathtaking view and realizing how lucky we were to get lost after all.

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SEAN KILPATRICK/THE CANADIAN PRESS

▶ Prime Minister Stephen Harper responds to a question in the House of Commons yesterday.

Opposition bristles over back-to-work bill

Liberal leader Bob Rae says proposed law to end postal strike is 'undemocratic' NDP to vote against bill

Prime Minister Stephen Harper says including wage provisions in back-to-work legislation for Canada Post workers is a fair approach.

But critics and the opposition say it makes the bill biased in favour of management of the Crown corporation, which locked out its employees last week after a series of rotating strikes.

The Canadian Union of Postal Workers says the rates outlined in the bill are less than what Canada Post put forward in its final offer, effectively punishing them for exercising their right to collective bargaining.

Opposition Leader Jack Layton said yesterday the legislation sends a dangerous signal to workers that if they don't accept management terms, the government will step in and impose them.

Harper did not explain why the wages were included in the bill.

"This conflict has been ongoing and it is causing harm to Canadians who are not there at the table," he said during question period.

"We are acting in the best interest of the Canadian economy and we are also acting in a way that is fair for all the employees of the Canadian government."

The two sides were to meet yesterday to continue negotiations. Upon introducing the bill Monday, Labour Minister Lisa Raitt had said part of its purpose was to kickstart stalled talks.

New Democrat MP Yves Godin said his party will vote against the bill.

THE CANADIAN PRESS

Market moment

PRICES AS OF 5 P.M. YESTERDAY

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Oil	Natural gas 1,000 cu ft
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Gold contracts $1,546.40 US (+ $4.40 US)

Jobs on the line?

The Canada Post bill is being debated, and the government hopes to see it passed before MPs leave on their summer break at the end of the week.

- **The legislation** requires both sides to submit their final offer on non-wage issues and an appointed arbitrator will pick the best one.
- **The Tories** are trying to limit debate, while the opposition parties are trying to scuttle the bill altogether.
- "The most vulnerable of Canadians are receiving minimal service and it's time to restore full service to all Canadians. Businesses are hurting. Jobs are on the line," said Tory MP Ed Komarnicki.

Canada's big cities attract poverty: StatsCan

Canada's biggest urban areas are stuck in a rut of persistent poverty, while mid-sized cities are gaining ground despite the recent recession, new data from Statistics Canada show.

The metropolitan areas of Vancouver, Toronto and Montreal have poverty rates far above the national average, according to a report on income in Canada in 2009.

But Quebec City and Victoria, on the other hand, have seen steady and significant declines in the number of people living with low incomes over the last decade, despite the recent recession.

The trends are no surprise to Mike Creek, who works with homeless and impoverished people in Toronto, after spending years in poverty himself.

"If you stick around in a smaller community and you have that shame (of living in poverty), you become stigmatized. So I think it's easier for someone to pack up their bags and try some place else," Creek says.

Urban centres, he says, "provide more opportunities around housing, and job opportunities and services that they may not find in smaller communities."

Released last week, the Statistics Canada report is the first detailed, national look at what happened to income during the recession.

Overall, the recession halted progress on fighting poverty. After more than a decade of slow, steady decline in the proportion of people living below StatsCan's low-income cutoff, poverty has started to edge up again.

It now stands at 9.6 per cent of the population, up from 9.2 per cent in 2007 and 9.4 per cent in 2008 — but below the 15 per cent seen at the peak of poverty in 1996. THE CANADIAN PRESS

Urban income

- **In Vancouver**, the incidence of low-income was 17.8 per cent in 2000. By 2009, it had declined just slightly to 16.9 per cent — the highest for urban areas across the country.
- **Toronto** takes second place. The 2009 poverty rate of 13.2 per cent is slightly higher than the 12.4 per cent at the turn of the millennium.
- **Montreal** is in third, with 13.1 per cent — although that's much lower than 19.7 per cent in 2000.
- **Victoria** has seen its incidence of low income fall from 16.2 per cent in 2000 to 6.3 per cent in 2009 — although progress has come in fits and starts.

H&M to add Versace collection this fall

Swedish fashion chain H&M has added Italian brand Versace to its exclusive list of guest designers, offering customers two collections made by Donatella Versace.

The Stockholm-headquartered group said yesterday that the first "glamorous and flamboyant" collection will be available in 300 stores and online in November.

The new line will released in North America on Nov. 19. An additional pre-spring collection will be sold in selected countries in January.

Versace said it will reinvent some of its classic designs and will feature "the perfect tuxedo" for men, and dresses and accessories for women. The collection will also include homeware products.

THE ASSOCIATED PRESS

ANTONIO CALANNI/THE ASSOCIATED PRESS

▶ Donatella Versace

Reports say RIM cut 200 Waterloo jobs

BlackBerry maker Research In Motion isn't yet confirming if layoffs have begun at the Canadian tech company.

But a radio station in Waterloo, Ont., where RIM is headquartered, has reported that as many as 200 employees received layoff notices Monday and that many of the jobs are thought to be in manufacturing.

RIM announced plans last week to cut jobs as it works to roll out new smartphones and updated tablets in a bid to stay competitive with Apple and Android devices.

Meanwhile, shares in the company were up $2.33, or nine per cent, closing at $27.74 on the Toronto Stock Exchange yesterday evening.

THE CANADIAN PRESS

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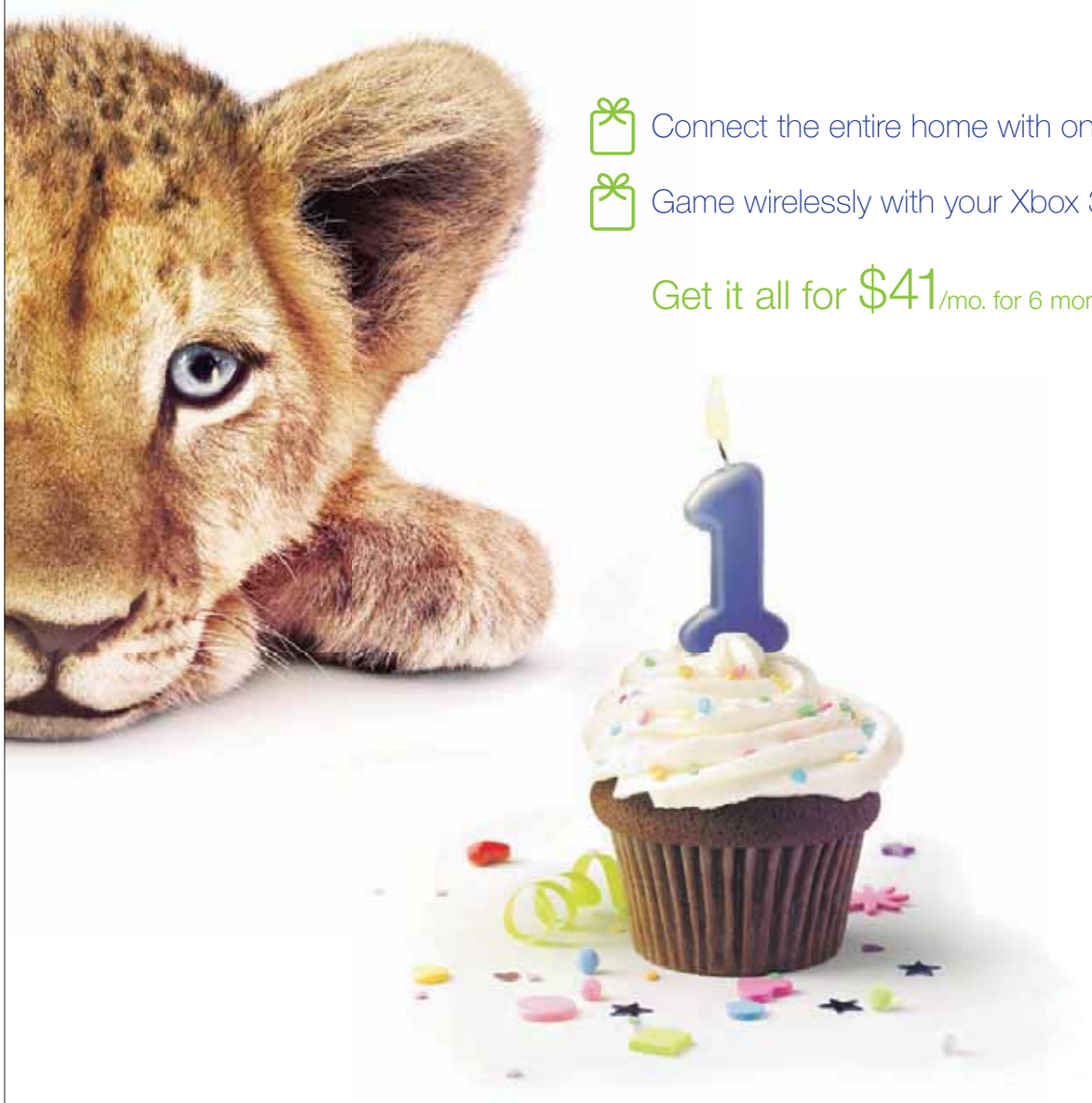

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Lougheed Mall
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4501 North Rd.

Chilliwack
Cottonwood Mall
45300 Luckakuck Way
45905 Yale Rd.
7544 Vedder Rd.

Cloverdale
17725 64th Ave.

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3278 Westwood St.
3000 Lougheed Hwy.
2988 Glen Dr.
1071 Austin Ave.

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OCEANS ARE OVERRATED ANYWAY

JUST SAYIN' ...

PAUL SULLIVAN
METRO

So you wake up, get out of bed, drag a comb across your head.

You open your iPad and the first thing that hits you is: "Mass extinction threatens oceans."

You spill your coffee in your lap and read a little more: "Multiple ocean stresses threaten globally significant marine extinction." This from an international meeting of marine scientists who say if things keep going the way they are we will suffer the kind of mass extinction that did in the dinosaurs in millions of years ago.

The scientists tick off the "multiple oceans stresses": Global warming, acidification, lack of oxygen, pollution and overfishing.

The scientists call for "urgent and unequivocal action" or we're done for.

How do you deal with this stuff? Put down your toast and call 911? "Hello? The oceans are threatened with mass extinction? Can you come right away? The coral reefs are already starting to die! Hurry!"

"Some people just take their heads and bury them at the beach. Global warming? What global warming?"

That's the trouble with global warming. It's just too big to get your head around. Some people just take their heads and bury them at the beach. Global warming? What global warming? This is merely natural climate fluctuation.

Except all these scientists say it isn't. "In fact," they say, this is "unprecedented in the Earth's history because of the high rate and speed of change."

Scientists? What do they know? How about the real experts, the dissenting journalists and oil company executives — what are they saying? The guy at climate-resistance.org isn't worried. He dismisses the whole thing as The Fishy, Wishy-Washy report: "Just a couple of dozen eco-warriors in a single room, chatting about their fears."

Well, not to worry. The guy at the climate-resistance website says to chill out.

So here we sit, amidst the crumbs, trying to figure out if these greybeards are really just little boys crying wolf, or a bunch of chickens freaked out about the marine equivalent of a falling sky.

It's the same thing on the sky-is-falling front. I mean, greenhouse gases? Come on! Just a bunch of (bad) scientists trying to whip us into a frenzy in order to secure funding. Although I'm not quite sure how funding follows frenzy.

The government is no help. It keeps getting the Fossil Award for its well-known addiction to the tar sands and fracking — which is as dirty as it sounds.

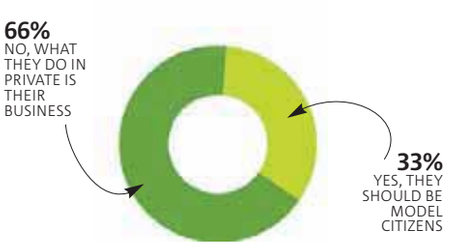
Oh, well. A couple of nice summer days and all this oceans-dying stuff will be behind us. After all, we have to get ready for Kate and Wills' state visit.

I wonder what she'll wear. How do you think she'll look in a biohazard suit?

Read more of Paul Sullivan's columns at metronews.ca/justsaying

metro life panel **Register at metrolifepanel.ca and take the quick poll**

Should "sexting" be a reason for politicians to resign?



Local tweets

- **@Jodie Emery:** @andrea reimer @vanmayorsoffice @mayorgregor The wall should be shellacked & displayed in Art Gallery for a retrospective w/best riot photos.
- **@Dave_Eby:** Here it is, National Aboriginal Day, and I can't get the link to the UN Convention on the Rights of Indigenous Peoples to load.
- **@scootfoodie:** Happy Summer Solstice and Aboriginal Day! And what a beautiful warm day it is!
- **@TowelPowerMan:** RT @VanCanucks: One of our biggest fans, @TowelPowerMan, is driving support for @CanuckPlace. Check it out. http://bit.ly/lLkinM #canucks !
- **@xogreenhaze:** DON'T TAKE MY BOOM BOOM BIEKSA AWAY RT @VanCanucks: Will Kevin Bieksa return to your #Vancouver #Canucks? http://bit.ly/jQboiE #NHL
- **@KhawkFanVoice:** Did my bestie just go up to Alex Burrows in Starbucks and ask if he bit anyone lately? Yes, yes he did. #Canucks
- **@mthomasglobaltv:** The wood is coming down at the Bay @GlobalBC http://yfrog.com/ke28316739

Worth mentioning

LE BOURGET, France. The plane making one of the biggest splashes at the Paris Air Show carries a grand total of one person and is often delayed because there's too much wind or too little sun.

Andre Borschberg pilots the Solar Impulse, a prototype aircraft powered exclusively by sunlight. While that has put him into the record books as the first pilot to fly 24 hours in an entirely solar-powered plane, it also causes aggravations that travellers anywhere could relate to.

Like the time it took him 16 hours to fly to Paris from Brussels — five hours to cover the distance and another 11 hours circling over the airport, waiting for wind conditions to settle down enough for him to land.

The plane has a slim dragonfly fuselage with a cockpit that fits just one pilot. Its enormous wing is entirely covered with 10,000 energy-capturing solar cells similar to the ones used in some homes, which generate about 40 horsepower, "the same as a small motor scooter," Borschberg said. **THE ASSOCIATED PRESS**

Cartoon by Michael de Adder

WEIRD NEWS

He should have taken the left at Albuquerque

He's healthy, well-fed and far from home. And he's quickly become the most popular attraction on a New Zealand beach. If only he could talk.

A young penguin apparently took a wrong turn while swimming near Antarctica and endured a 3,200-kilometre journey to New Zealand, the first time in 44 years that one of the creatures has been sighted there in the wild.

Christine Wilton was walking her dog Monday when she discovered the black-and-white bird.

"It was out of this world to see it," she said. "Like someone just dropped it from the sky."

Wilton said the scene on Peka Peka Beach reminded her of the 2006 movie Happy Feet, in which a young penguin finds himself stranded far from home.

The bird "was totally in the wrong place," she said.

Estimated to be about 10 months old and 80 centimetres tall, the Emperor penguin was probably born during the last Antarctic winter and may have been searching for squid and krill when it got lost, experts said. **THE ASSOCIATED PRESS**

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Getting a little help from her friends

Girl-Power: Britney Spears, Katy Perry, Nicole Kidman give Selena Gomez boost in new projects The new record — which has three songs co-penned by Gomez — is out next week

Katy Perry and Britney Spears appear on a CD together but it's not the latest Now compilation.

Rather, the pop singers have written songs on Selena Gomez & the Scene's new album, When the Sun Goes Down.

"I did have a lot of artists that I was very lucky enough to have songs written by and it's a good, uplifting album," Gomez said of her third CD. "It's really fun and very dance-y and I hope people like it."

Spears co-wrote the dance song Whiplash, while Perry co-penned That's More Like It. Singer Priscilla Renea — who co-wrote Rihanna's California King Bed and Cheryl Cole's Promise This — co-penned three songs on Gomez's album, including the lead single and Top 40 hit Who Says.

And the disc has a writing credit and guest appearance from British singer Pixie Lott.

"I think it's a powerful CD," Gomez said in a recent interview.

The 18-year-old's first two albums have reached gold status. The new record — which has three songs co-penned by Gomez herself — is out next week.

Days after her disc's release, Gomez will get another girl-power boost with the July 1 release of her new movie, Monte Carlo, which also stars Leighton Meester of Gossip Girl and was co-produced by Nicole Kidman.

Gomez says leaving Los Angeles to shoot in Paris and Budapest was "so refreshing." But the grueling promotional tour that has followed — maybe not so much.

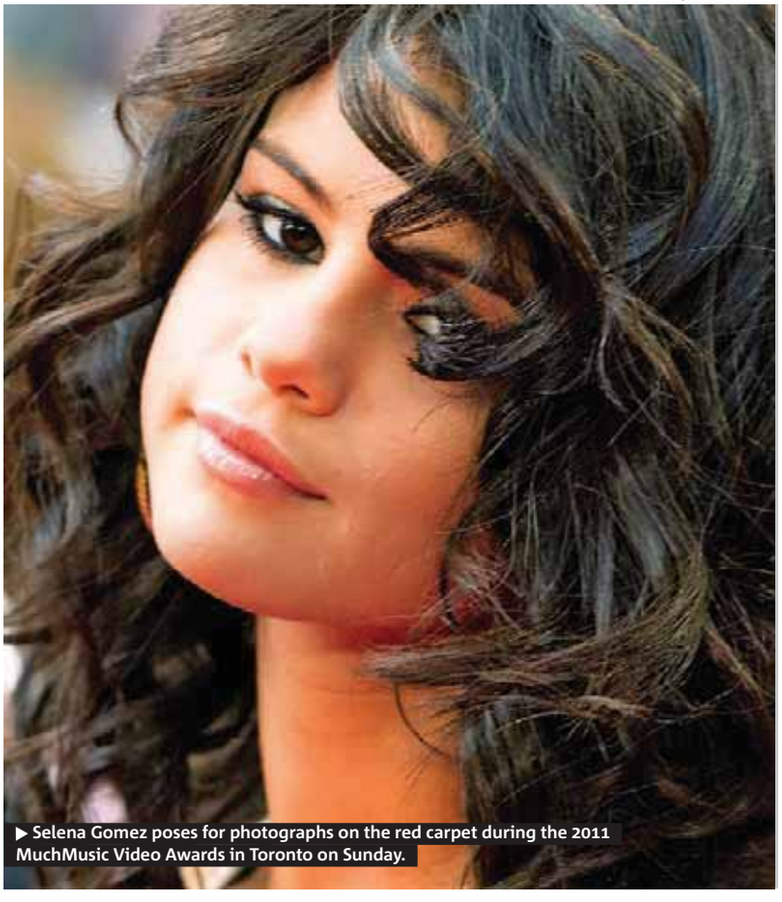
THE ASSOCIATED PRESS

Hospitalized

The nationwide campaign, including a string of mall appearances, was recently interrupted.

Sick Gomez was hospitalized in Los Angeles for exhaustion, malnourishment and low iron. The singer-actress, is dating teen pop star Justin Bieber, who she recently went on vacation with to Hawaii. She has blamed the tour for her exhaustion and not her travels.

DARREN CALABRESE/THE CANADIAN PRESS



▶ Selena Gomez poses for photographs on the red carpet during the 2011 MuchMusic Video Awards in Toronto on Sunday.

2 scene

Spider-Man

The lights are going out for Spider-Man. Marvel said that Spider-Man, will die, finally succumbing to one of his most pernicious foes in the final issue of Ultimate Comics Spider-Man due out today.

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Gossip Girl here: Leo's keeping things Lively

Seems like blonde power couple Leonardo DiCaprio and Blake Lively are back on — and enjoying homemade whipped cream in California

ALL PHOTOS GETTY IMAGES

Leonardo DiCaprio and Blake Lively are still enjoying each other's company, despite rumors the new couple had already split up.

DiCaprio and Lively hit a private resort in the coastal town of Carmel, Calif., though they did venture out into town for some shopping and coffee.

"Blake ordered two cappuccinos," a source says.

"One with whipped cream, and one without. But when she learned that the whipped cream was homemade, she added it to the second drink."

According to the source, DiCaprio waited outside with his baseball cap pulled down low while she ordered. METRO

▶ Earlier rumours said the couple had split.

Tyson's tat no longer the face that launched a thousand edits

Warner Bros. and tattoo artist S. Victor Whitmill have "amicably resolved" their legal dispute over the use of Mike Tyson's famous face tattoo design, created by Whitmill, according to TMZ.

The settlement apparently means the studio can avoid their costly plan to digitally remove the tattoo from Ed Helms' face for the DVD release of the film.

Details of the settlement were not disclosed. METRO

▶ Liam Gallagher just tied the knot with Sara MacDonald.

Liam feelin' the love, just not for his bro

Former Oasis front-man Liam Gallagher married longtime girlfriend Sara MacDonald over the weekend in England, according to E! Online, with Russell Brand serving as best man.

The wedding wasn't a family affair, though.

Liam's brother and former bandmate, Noel Gallagher, skipped the event, as the pair reportedly haven't spoken since their 2009 split.

"He goes on about how he wasn't invited to my wedding," Liam told the Chicago Sun-Times recently.

"Get over it, mate. I've not been invited to his wedding." METRO

Celebrity tweets

@hughhefner

"After all is said and done, staying single is probably the best. I think I just missed a bullet."

@nicolerichie

"Wearing my red F.M.P's tonight. Joel didn't notice, but my fish totally tried to hook up with me"

@ChrisKattan

"Why is it that the more money Ashton Kutcher makes, the more broke he looks when he makes appearances."

@SarahKSilverman

"Eclipse gum: guaranteed to make your bad breath smell like minty bad breath!"

We
Vancouver
A big thank you to everyone for their continued support and kind comments after last Wednesday's disturbance.
We will be back stronger than ever with a relaunch of our West Georgia store in the near future.
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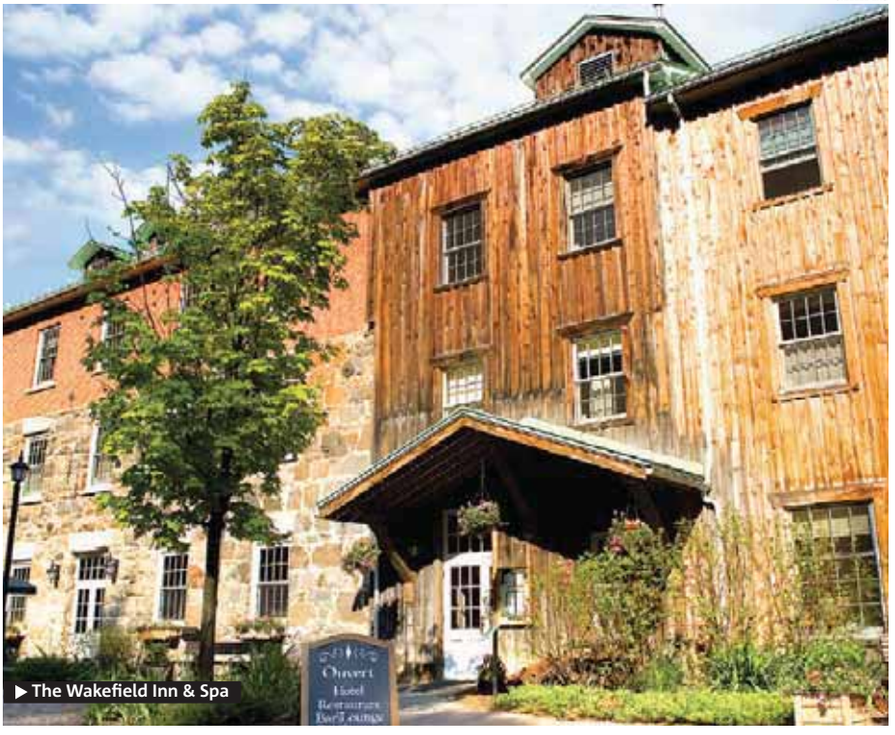

▶ The Wakefield Inn & Spa

GIZELLE LAU

▶ Brasseurs de Temps microbrewery

GIZELLE LAU

▶ Smoked salmon at Boucanerie Chelsea

Artisanal Outaouais

Just minutes from the madness of Parliament Hill are quaint boroughs full of country charm and local artisans Here you'll find seasonal cuisine and unique specialty products

GIZELLE LAU
LIFE@METRONEWS.CA

A short hop and skip over the Ottawa River, Quebec's Outaouais region offers a captivating contrast to the madness of Parliament Hill just minutes away.

Here, Gatineau often takes the spotlight, drawing visitors to its Casino du Lac Leamy and Canadian Museum of Civilization. But look beyond the high-rises and you'll find the real Outaouais.

In and around Gatineau Park, a playground to many of Ottawa's VIPs, time slows as you coast through quaint boroughs like Wakefield, Chelsea and Montebello — chock-full of country charm and local artisans, dedicated to their craft, creating some unique products and experiences for locals and visitors alike.

The Artists' Studio Tour is an award-winning trail that takes visitors to the workshops and studios of many specialized local artists and craftspeople.

Meet people like Russ Zietz, a professional log builder who now creates wood art and mixed media furnishings with a creative Canadian flair, and Mud Pies Pottery's Carrie Leavoy, a potter who creates Japanese-inspired products.

For those seeking artisanal edibles, visit the Boucanerie Chelsea, where owners Line Boyer and James Hargreaves have perfected the art of smoking fish and meat. Using only sustainable fish and the sawdust left over from carving out baseball bats, the smokehouse boasts delicately flavoured smoked salmon, scallops, shrimp and tuna.

Nearby, don't miss the award-winning restaurant, Les Fougères, where seasonal cuisine gets the fine dining treatment in a country-elegant dining room, recently named one of the most romantic restaurants in Canada. Homemade cured meats, terrines and Quebec cheeses are featured alongside local produce like venison, duck and bison.

If you suffer from sensitive skin, be sure to visit the Savonnerie Olivier Chelsea, where Sonya Ann Legault makes all-natural skincare products like soap, shampoo, bath oil, baby products, makeup remover and shaving cream.

Specializing in traditional craft beers using age-old brewing traditions of the Outaouais area, Brasseurs du Temps offers anywhere from eight to 12 beers for tasting. Visitors can enjoy beer-inspired dishes like smoked meat cooked in their brew or learn about the region's heyday as a centre for jazz.

To Round it off, experience the authentic countryside hospitality of husband and wife team, Robert Milling and Lynn Berthiaume at the Wakefield Inn & Spa. With 27 well-appointed guest rooms, a spa and fine dining restaurant, the inn retains the heritage and character of the historic mill on which it was built.

For more, visit tourisme-outaouais.com..

Top hikes

The Nokomis Trail in northern Ontario's Lake Superior Provincial Park and Sunshine Meadows in Banff National Park are ranked among the Top 5 day hikes in the country, according to Lonely Planet's new Discover Canada guidebook. Other top-rated hikes include the Bruce Trail in Ontario, "classic walks" around Lake Louise in Banff National Park, and Vancouver's Stanley Park.
THE CANADIAN PRESS

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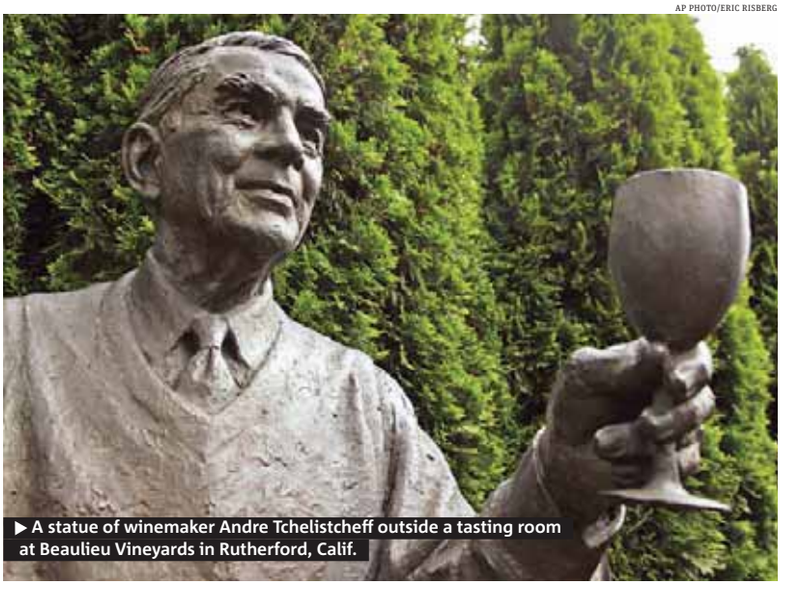
Raising your glass to Napa

- California's wine country is easy to navigate by car
- Hwy 29 hits all the big names, but it can get crowded
- Silverado Trail is quieter, with breathtaking views

AP PHOTO/ERIC RISBERG



▶ A statue of winemaker Andre Tchelistcheff outside a tasting room at Beaulieu Vineyards in Rutherford, Calif.

Blessed with lavish scenery and luscious wines, the Napa Valley is the kind of place you could spend days exploring. But it's compact enough that even if you only have an afternoon, you can still get a taste of wine country.

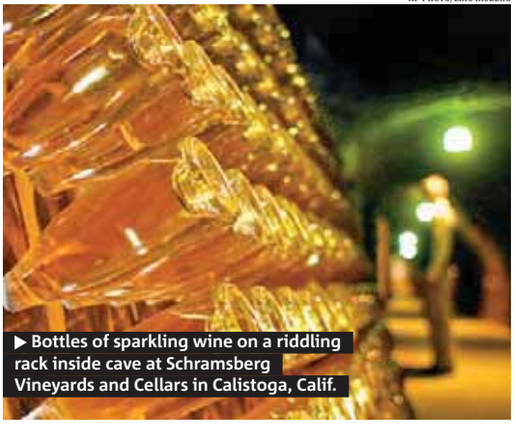
Located about an hour's drive northeast of San Francisco, the valley starts south of Napa and stretches about 50 kilometres north to Calistoga.

To get here from San Francisco, drive north on the Golden Gate Bridge and then take the Highway 37 exit going east to Highway 121/12, following the signs to Napa. From the east San Francisco Bay, take I-80 east to the Napa exit (Highway 37 east) and then go north on Highway 29.

There are two main routes through the valley. Highway 29 is a straight shot from Napa to Calistoga and hits all the big names such as Opus One and Francis Ford Coppola's Rubicon Estate. But it can get awfully crowded in summer.

The other route is the Silverado Trail, which avoids the towns, is quieter and has breathtaking views. The easiest way to pick up the trail is to take Highway 29 to the Trancas Street exit and go east, turning left on Silverado Trail.

AP PHOTO/ERIC RISBERG



▶ Bottles of sparkling wine on a riddling rack inside cave at Schramsberg Vineyards and Cellars in Calistoga, Calif.

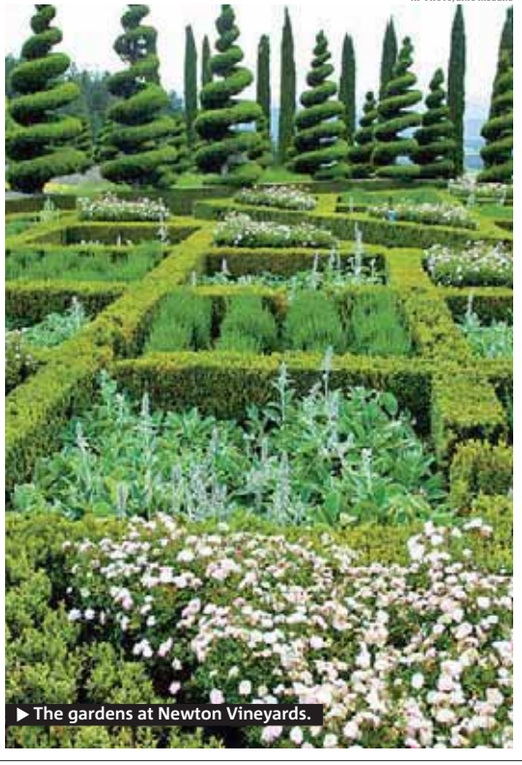
AP PHOTO/ERIC RISBERG

▶ Oakville Grocery on Highway 29.

Wineries along this long and winding road include Stags' Leap Winery, the winery that made the red that beat the French at the famous Paris tasting of 1976, and Darioush, notable for its striking architecture, which incorporates references to Persepolis, the capital of ancient Persia.

THE ASSOCIATED PRESS

AP PHOTO/ERIC RISBERG



▶ The gardens at Newton Vineyards.

Wineries

- **Opus One:** 7900 St. Helena Highway, Oakville; opusonewinery.com or 707-944-9442.
- **Rubicon Estate:** 1991 St. Helena Highway, Rutherford; rubiconestate.com or 707-968-1100.
- **Stags' Leap Winery:** STAGS' LEAP WINERY: 6150 Silverado Trail, Napa; stagsleap.com or 800-395-2441.
- **Darioush Winery:** 4240 Silverado Trail, Napa; darioush.com or 707-257-2345.
- **Beaulieu Vineyard:** 1960 St. Helena Highway, Rutherford; bvwines.com or 800-264-6918.
- **Newton Vineyard:** 2555 Madrona Ave., St. Helena; newtonvineyard.com or 707-963-9000.
- **Raymond Vineyards:** 849 Zinfandel Lane, St. Helena; raymondvineyards.com or 707-963-3141.

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Max your card with Dita in L.A.

Queen of Burlesque, Dita Von Teese gives us her guide to the best shopping, brunch and beauty spots in her hometown of Los Angeles

DITA VON TEESE
FOR METRO

▶ When shopping, perhaps pick up her book, Dita: Stripteese.

Where would you start?
Once in a while I like to have brunch somewhere. I like the oatmeal frittata at Hugo's on Santa Monica (hugosrestaurant.com) or the Beverly Hills Hotel brunch for a particularly extravagant morning (beverlyhillshotel.com).

Where's your first shop?
The only time I get out of bed in the morning to shop is on Sundays, for the various antique flea markets. There is one nearly every weekend here in L.A. There's the Rose Bowl, which I think everyone knows, but my favourite is at the Long Beach Veteran's Stadium once a month (longbeachantiquemarket.com).

What's on the lunch menu?
I love Mexican food and I love vegan/raw food. Those are two of the things I miss most about spending so much time in Paris, so when I am in L.A., I head for my favourite places like Alegria (alegriaonsunset.com) or Cru (crusilverlake.com), both in Sunset Junction.

How would you spend the afternoon?
I love doing the grocery shopping! Whole Foods (wholefoodsmarket.com) or Bristol Farms (bristolfarms.com) are always the most extravagant for unique products to try. I love to cook, so I like to do my own shopping too.

Who offers the best beauty treatments?
In L.A., I love the traditional Korean spas. There are many fabulous ones, but I go to the ones that are open 24 hours and ... and haven't been commercialized too much yet. I like the ones that are only Korean women, with Korean soap operas on all night. I'm not naming my favourite because it's my secret spot!

Where should we stop for post-shopping cocktails?
The Spare Room is a very cool bar in L.A. where you can order lovely cocktails. We even developed my new twist on the Margarita, the MargaDita, which is a traditional classic margarita with Cointreau, fresh lime juice and tequila (thompsonhotels.com).

The hot shops!

For fabulous shoes
I always shop at Christian Louboutin. Not only is he one of my best friends, he custom-designs all my shoes for my burlesque shows. It's very rare that I buy any other brand of shoes ... well, I buy sensible flats and things like that sometimes from other designers, because when I get together with Christian, neither of us thinks about 'sensible' shoes, it's all about perilous heights and extravagance! (christianlouboutin.com)

Hunting for vintage fashion
I shop at The Way We Wore and Golyester, which are both on La Brea. My greatest find? Hard to say ... I've gotten a lot of my red-carpet looks from The Way we Wore! But the best vintage shopping happens twice a year and it's called the Vintage Expo (vintageexpo.com). I hate when I miss it due to my travel schedule. It's devastating! It's an event that has dealers from all over the country selling the best quality vintage. The first time I ever went I bought a beautiful 1930s hat, which is so beautiful and unique that it is now a part of the V&A Museum's travelling collection of hats.

Great fashion shops
I like to check out what's at Dior, McQueen, Nanette Lepore, Marc Jacobs and Catherine Malandrino.

Best for hot lingerie
There's a lovely lingerie store called Faire Frou Frou that carries glamour-girl worthy brands like Damaris and Fifi Chachnil... and soon my new lingerie brand too! I think it's the best store in Los Angeles for gorgeous, fine-quality, wearable lingerie fairefroufrou.com).

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Let your grill take you on a tour of Asia

Yesterday was officially the first day of summer If you haven't fired up the barbecue, this Asian theme is a simple and delicious starting point

Shrimp with Hoisin-Apricot Sauce

Yields 16
Prep time: 15 mins
Cooking: 5 mins

The combination of shrimp, hoisin and apricots blend together perfectly.

These Shrimp Skewers with Hoisin-Apricot Sauce will be delicious with scallops or thin strips of boneless chicken breast.

Preparation:

1. Thread the shrimp on skewers.
2. Combine the apricot jam, oyster and hoisin sauce in a small bowl. Set aside half of the sauce. Brush the other half over the shrimp.
3. On a barbecue, lightly coated with cooking spray, grill the shrimp, until they are just no longer pink, about 5 minutes.
4. Serve with the remaining sauce and garnish with basil.

Nutritional analysis per serving (1 skewer):

• Calories 35 • Protein 4 g • Carbohydrates 5 g • Fibre 0.1 g • Total fat 0.3 g • Saturated fat 0.1 g • Cholesterol 32 mg • Sodium 94 mg

ROSE REISMAN

Ingredients:

- 16 medium shrimp (about 12 oz), peeled and deveined
- 16 wooden skewers (about 6 inches long)
- 1/4 cup apricot jam
- 1 tbsp oyster sauce
- 3 tbsp hoisin sauce
- 3 tbsp chopped fresh basil

ROSE REISMAN
FOOD@METRONEWS.CA

Try a variety of mushrooms, such as portobello, cremini or button in this Marinated Flank Steak with Oyster Mushrooms dish. Serve it alongside steamed rice and bok choy or other green vegetables.

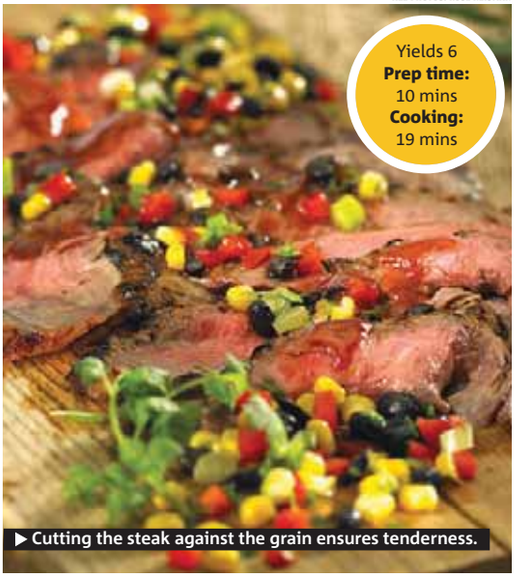
Preparation:

1. Whisk the soy sauce, hoisin sauce, vinegar, sugar, 2 tbsp oil, ginger and 1 tsp of the garlic in a small bowl. Place the steak in a non-reactive container, add the marinade, cover and place in the refrigerator for at least 2 hours or overnight. Bring to room temperature before cooking.
2. Heat the 1 tsp oil in a large non-stick skillet over medium-high heat. Add the remaining 1 tsp. garlic and mushrooms and cook for 6 to 8 minutes, or until the mushrooms are browned and the liquid has evaporated. Preheat barbecue.
3. Remove the steak from the marinade and set the marinade aside. Barbecue the steak until it's done to your liking, turning once. Depending on how thick it is, this can take anywhere from 8 to 15 minutes.
4. While the steak is cooking, whisk the cornstarch into the reserved marinade. Bring to a boil in a small skillet and simmer on medium-low heat for 5 minutes, until thickened. Add the mushrooms.
5. Slice the steak thinly across the grain and serve with the sauce. Garnish with a sprinkle of green onions and parsley.

Nutritional Analysis per serving:

• Calories 266 • Protein 26 g • Carbohydrates 11 g • Fibre 1 g • Total fat 13 g • Saturated fat 4 g • Cholesterol 44 mg • Sodium 568 mg

ALL PHOTOS: ROSE REISMAN



Yields 6
Prep time: 10 mins
Cooking: 19 mins

▶ Cutting the steak against the grain ensures tenderness.

Ingredients:

- 1/4 cup low-sodium soy sauce
- 1/4 cup hoisin sauce
- 1/4 cup rice vinegar
- 2 tbsp brown sugar
- 2 tbsp vegetable oil
- 1 tsp minced fresh ginger
- 2 tsp minced fresh garlic
- 1 1/2 lb flank steak
- 1 tsp vegetable oil
- 4 cups sliced oyster mushrooms
- 2 tsp cornstarch
- 1/3 cup chopped green onion
- 1/3 cup chopped parsley

These Hoisin Garlic Burgers are moist and flavourful thanks to the hoisin sauce If you're feeling adventerous and want to try a new flavour, use ground chicken, veal, pork or a combination of two meats

▶ This recipe serves four.

Ingredients:

- 1 lb lean ground beef
- 1/4 cup dry breadcrumbs
- 1/4 cup green onion
- 3 Tbsp chopped parsley
- 4 Tbsp hoisin sauce
- 2 tsp minced fresh garlic
- 1 tsp minced fresh ginger
- 1 egg
- 2 Tbsp water
- 1 tsp sesame oil

Preparation:

1. Heat the barbecue to high and spray with vegetable spray.
2. Combine the beef, breadcrumbs, green onion, cilantro or parsley, 2 tbsp of the hoisin sauce, garlic, ginger and egg in a bowl. Mix thoroughly and form into 4 burgers.
3. Whisk the water, remaining 2 tbsp hoisin sauce and sesame oil together in a small bowl. Brush half of the sauce over the burgers.
4. Barbecue the burgers for 10 to 15 minutes (until they are no longer pink in the center). Turn the patties once, halfway through, and brush with the remaining sauce.
5. Barbecue for 10 to 15 minutes. Serve alone or on buns and garnish with 2 tbsp. cilantro.

Nutritional analysis per serving (1 burger):

• Calories 264 • Protein 30 g • Carbohydrates 15 g • Fibre 2.4 g • Total fat 07 g • Saturated fat 2.5 g • Cholesterol 120 mg • Sodium 289 mg

Work burnout:

Are you feeling the heat?

High expectations are at the root of most office meltdowns Recognize the signs and take care of yourself

RICHARD REESH WOODBURY
LIFE@METRONEWS.CA

With the great expectations placed upon people in today's always-connected work society, many are feeling the effects of burnout. The good news is it can be eliminated, but it requires people to be honest about what they're going through.

"Unfortunately, people are embarrassed by being burned out and they feel there is a stigma and perhaps a sense of failure they haven't been able to cope, so they're often very reluctant to go to the very people that can help them," says Hilary Predy, the associate vice president of business solutions with Adecco Canada, a human resources company.

Burnout doesn't happen overnight and usually stems from high (and often unreasonable) expectations placed on people, says Dr. David Posen, a stress management expert in Oakville, Ont., who has written three books on the topic.

Posen says high expectations lead to high levels of effort, which drain people of their energy and lead them to physical, mental and emotional exhaustion.

Some of the early warning signs include mental and physical fatigue, irritability, impatience, sleep disturbance and decreased concentration.

To avoid burnout, it is important people set realistic expectations for their work and what they can accomplish.

They must also take good care of themselves and get enough sleep, as many of the symptoms of sleep deprivation are symptoms of stress, such as fatigue and decreased mental function, says Posen.

36.5 million

The number of unused vacation days in Canada in 2010. Source: Expedia.ca Online Harris/ Decima poll conducted for Expedia.ca

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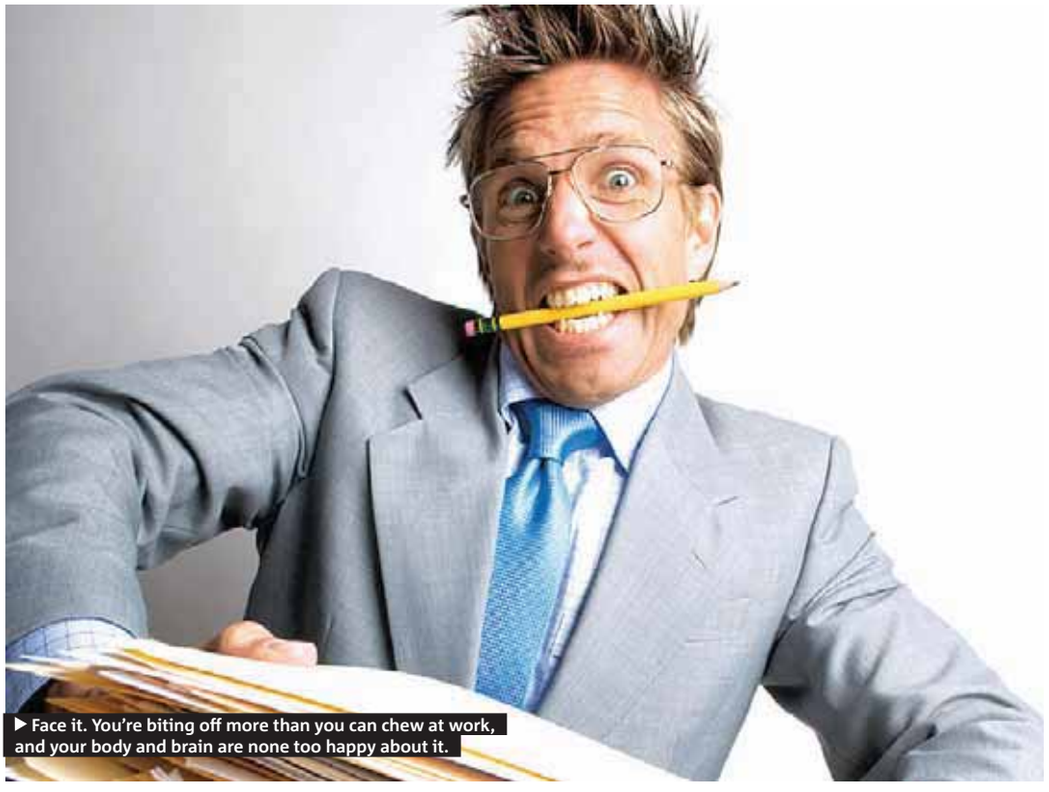

▶ Face it. You're biting off more than you can chew at work, and your body and brain are none too happy about it.

Regular exercise helps reduce stress and elevates people's moods.

Eating well is also very important and one should stay away from caffeine.

"Caffeine actually generates a stress reaction in your body," says Posen. "It stimulates adrenaline, releases cortisone and blocks a natural relaxant in the brain."

While cutting back one's work hours may seem counter-intuitive, Posen says his patients find they become more productive by working less.

For people who are ready to talk with their employer, Eddy Ng, a human resources management professor at Dalhousie University in Halifax, recommends they take advantage of their employee assistance program (EAP) and call the confidential line to get professional help. In the case of smaller firms that don't have an EAP, it will probably be necessary for people to talk with their boss.

Ng says people should ask for help and says it is helpful if they explain why they are burned out. Possible reasons could include workload, unfair treatment, role conflicts and work/life demands.

"Burnout can be reversed," he says.

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Could cooking be my bread and butter?

So you love to cook, and people say you're pretty good at it Can you make a living with culinary passion?

Jennifer Vogel and Doreen Grontkowski became friendly at a Mom's Club in suburban Cincinnati. They both realized they were ready for something new after several mainly stay-at-home years. Both were in their early 30s, and both had marketing experience.

"And we both had the same love for food," said Vogel, who had become an avid Food Network viewer and received chef's training at the Midwest Culinary Institute in Cincinnati.

After a year of planning, they opened The Learning Kitchen. Vogel spent the first day demonstrating how to make risotto and handing out free samples, while Grontkowski showed off top-line cookware in their retail boutique. Cooking-class bookings piled up.

Nearly three years later, they plan to expand their thriving business, which quickly sells out classes such as couple's "date-night" cooking for $150 to $160 a session.

Even in a sour economy, some people have been able to turn the joy of cooking into a sweet career, whether it's a successful small business or running a restaurant kitchen. It's a sizzling field; witness the ever-expanding lineup of cooking and reality TV shows such as Rachael Ray and Top Chef, and the increased interest in serving fresh food at home.

While many people enjoy the creativity and satisfaction of cooking, "the industry is truly a bastion of entrepreneurship," said Hudson Riehle, senior vice-president of research for the National Restaurant Association. He said the number of people attending culinary schools and seeking food careers is growing.

"You have to be patient. You have to be flexible. If you're interested in starting your own business make sure you love, love, love it"
MOLLY SANDQUIST, CO-FOUNDER OF COOKING WITH CAITLIN

New businesses can benefit from relatively low-cost marketing online and digitally. The Learning Kitchen got a jump-start from online bookings, and has expanded to include a Facebook site, and use of Groupon and Foursquare for mobile marketing.

Another successful cooking business, launched about four years ago, has been heavily dependent on its online presence. Cooking With Caitlin began in Cincinnati with a catering business and a website with recipes. It now includes online cooking classes, a two-hour Foodies Night In with interactive cooking information via Twitter, a Facebook page, a radio show and live demonstrations.

Chef Caitlin Steininger received classic Le Cordon Bleu training at the Cooking and Hospitality Institute of Chicago; when she returned home to Cincinnati, she formed the business with her sister Kelly Trush and a friend, Molly Sandquist. They started with catering, but found that working so many nights and weekends was tough on their families. So they focused more on marketing partnerships, such as becoming part of Cincinnati.com's blogger network and drawing people to their site with more tips, interactivity and videos, and with public demonstrations and appearances.

Now they're working on a cooking show for local cable TV.

"You have to be patient," she said. "You have to be flexible."

"If you're interested in starting your own business," added Sandquist, "make sure you love, love, love it!" THE ASSOCIATED PRESS

AL BEHRMAN/THEASSOCIATEDPRESS

▶ Learning Kitchen co-founders Jennifer Vogel, left, and Doreen Grontkowski pose at a Learning Kitchen store that was prepared for a sold out cooking class.

Kitchen to career

Cooking up some big dreams?

- Surveys show that nearly half of restaurant employees aspire to run their own restaurant.
- As employment and sales strengthen again in an improving economy, the association projects double-digit percentage growth for chefs' and head cooks' jobs over the next decade.

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- Proven track record in profitable selling.
- Creative, efficient, flexible, entrepreneurial, collaborative, detail oriented.

Individuals interested and having the skills described are requested to submit their resume and cover letter via email to hr@metronews.ca no later than June 30, 2011. PLEASE QUOTE: "Retail Sales Representative - Vancouver" in the subject line. All submissions will be treated as confidential.

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Thursday, June 23, 4.30 – room 724	Downtown
Hospitality Management Diploma	
Saturday, June 25, 11 a.m. – room 420	Downtown
Transportation Trades	
Tuesday, June 28, 11 a.m. – lobby, building B	Broadway
Interpreting	
Wednesday, June 29, 6 p.m. – room 420	Downtown
English: Communication for Accounting	
Wednesday, June 29, 6:30 p.m. – room 518	Downtown
Administrative Assistant	
Thursday, June 30, 3:30 p.m. – room 622	Downtown

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▶ If you are threatened or forced to choose between taking on more work without pay or resigning, you will not technically have 'resigned' if you opt for the latter.

Pietro Saladini was a "star" employee. He rarely missed work and did whatever he could to please his employer, auto parts manufacturer Affinia Canada Corp. However, Saladini's remarkable dedication to his job also made him a target.

As a midnight shift supervisor, Saladini seldom saw his family. But, his hard work paid off when Affinia finally promoted him to a supervisor on the company's daytime shift.

Saladini figured he was set with what he referred to as the "golden shift" at work. But soon after, Affinia needed to fill a void when business picked up and, instead of hiring an extra employee to take on some of the overflow in work, the company figured that Saladini would do the job, without protest.

Saladini was summoned to a meeting with his boss and told that his shift schedule would change and, along with it, he would now be given more work without a corresponding increase in pay.

Although Saladini initially agreed, his loyalty soon morphed into anger, believing that he was being exploited by the company for having worked so hard before.

Saladini spoke with his boss stating that he did not want his shift to change but he was quickly told that he did not have a choice. He could either report to the new shift, or the company would view him as having resigned. When Saladini refused to agree, he was told to hand in his keys and escorted out of work. However, Saladini was not going to go quietly this time.

Believing that the ultimatum to take the new shift or resign was tantamount to a dismissal, he sued Affinia for wrongful dismissal, and recently he won!

Canadian courts are loath to uphold resignations proffered under circumstances of pressure or an ultimatum and instead will usually find that the employee had been fired. Here, when Saladini's boss told him that he must either take the job or resign, he was effectively terminated, according to the judge, who noted that Saladini was told to hand in his keys and leave, which is far more consistent with a dismissal than a resignation. A true resignation in a voluntary action

DANIEL LUBLIN IS AN EMPLOYMENT LAWYER WITH WHITTEN & LUBLIN LLP.

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STUDENT VOICE

KEVIN CALLAHAN
TALENTEGG.CA

After completing university, I immediately created a job hunting strategy and used that strategy to find an incredible opportunity in Australia for a Canadian start-up.

Here is a break-down of my job-hunt strategy.

Contacts:
Keep your contacts warm and give them a reason to want to hear from you and ultimately help you. Nobody wants to hear from a job searcher only when they need their help.

Interact with them via their preferred method of communication. Sometimes this is informally through Twitter, and sometimes it's a quick email to ask them how their vacation was. By no means should you waste anyone's time, but building and keeping rapport, even after you secure a job, is an essential part of the job hunt.

I had a spreadsheet (literally!) that showed me who all of my contacts were, where they worked, and when I last spoke to them. Don't be robotic about it, but a little organization helps keep you on track.

Focus:
Even if you are willing to do *anything* (I've been there), try to show some restraint and zero in on a few job areas or industries.

While it may seem counter-intuitive to limit your search, it is actually much easier to tailor your application to specific jobs when they're all in the same industry.

Motivation:
Keep yourself motivated and positive – nobody wants to hire someone who is down in the dumps. This is an often overlooked but important job hunt tactic.

Polish:
Make sure every aspect of the job hunt is done properly, from having a well written, proofread cover letter to doing mock interviews with someone who can give useful feedback.

I have been on both sides of the interview table and I can say that people who have a polished resumé, are dressed appropriately, and are comfortable in their knowledge of the position and the company are rare.

Get involved:
Companies want students who are motivated and show a history of success. You may think this means work experience, but it can also mean extracurricular activities and sports teams. So, get involved in any way you can!

My advice to employers would be to try to craft a job posting in a way that speaks of your brand. Using the typical, dated job posting formula just isn't going to work anymore.

TALENTEGG.CA, CANADA'S ONLINE CAREER RESOURCE FOR STUDENTS AND RECENT GRADS, WANTS TO HEAR YOUR STUDENT VOICE. SHARE IT AT TALENTEGG.CA.

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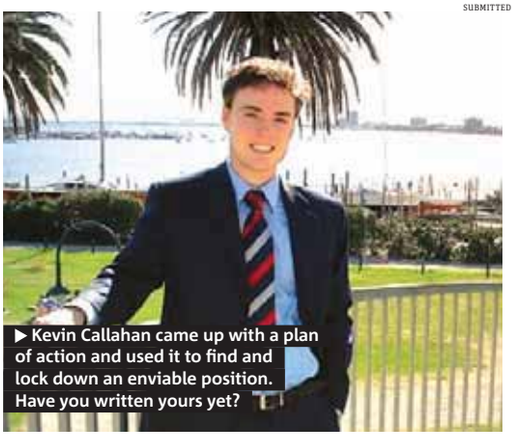

▶ Kevin Callahan came up with a plan of action and used it to find and lock down an enviable position. Have you written yours yet?

Where Kevin is now
I recently completed an MBA and I am a happy entrepreneur working on Dazzle.me, a website that combines deals from various sites into one convenient location. I love the online industry because it is fast-paced and constantly changing. It ties in all the things I enjoy, from social networking to client interaction.

What I learned

Key take-away from Kevin's experience:

- Treat the job hunt like you would any major project: you need a strategy! Having a strategy allows you to focus your efforts and increase your chances of success.

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Quoted

"Hypothetically, you're talking about a guy who in his last year in the National Hockey League had 75 points. That's leading our team last year ... It's tough not to think about adding 75 points to your roster if that's something you're capable of doing."

PITTSBURGH PENGUINS COACH DAN BYLSMA ON THE POSSIBILITY OF ADDING JAROMIR JAGR TO HIS LINEUP. THE 39-YEAR-OLD IS EYEING A POTENTIAL RETURN TO THE NHL AFTER SPENDING THREE YEARS IN RUSSIA, AND PITTSBURGH IS A POSSIBLE LANDING PLACE.

KIRSTY WIGGLESWORTH/THE ASSOCIATED PRESS

▶ Rebecca Marino returns a shot to Austria's Patricia Mayr-Achleitner yesterday.

Vancouver's Marino gets first win at Wimbledon

Strong serve gets 20-year-old out of trouble in tough second set

Canadians Rebecca Marino and Stephanie Dubois advanced to the second round at Wimbledon after posting their first career wins at the All England club yesterday.

But Aleksandra Wozniak of Blainville, Que., struggling with her comeback from an elbow injury, lost her first-round match to Czech Barbora Zahlavova Strycova 7-6 (7), 6-4.

And Frank Dancevic of Niagara Falls, Ont., squandered two match points in a 3-6, 3-6, 6-4, 7-6 (6), 6-2 loss to Brazilian Ricardo Mello.

Marino, ranked 44th in the world, defeated No. 113 Patricia Mayr-Achleitner of Austria 6-3, 7-6 (5) in a contest that lasted just under 90 minutes.

The Vancouver native needed almost an hour to close out the second set, ending with eight aces but 21 unforced errors. Her go-for-broke style also produced 30 winners to make the difference.

"I think my game style suits the grass," said Marino. "This was not my best match, but not my worst either. I'm glad I made it through. And I've now won a match at every Grand Slam."

Marino credited her serve with getting her out of trouble. She had eight aces and was good on 60 per cent of her first serves.

"It helped me out," she said. "On a few break points I was able to come up with big serves to save myself."

Dubois, of Laval, Que., beat American Irina Falconi 6-2, 6-2 in 67 minutes.

THE CANADIAN PRESS

More Wimbledon

Venus Williams played in her first Grand Slam match in a year yesterday after undergoing two foot operations and treatment for blood clots in her lungs.

- The defending Wimbledon champion burst into tears after defeating Aravan Rezai in three sets.
- Roger Federer began his chase for a record-tying seventh Wimbledon championship with a 7-6, (2), 6-4, 6-2 win over Mikhail Kukushkin.
- No. 2 seed Novak Djokovic dropped only 11 points on serve in a 6-4, 6-1, 6-1 win over Jeremy Chardy.

THE ASSOCIATED PRESS

Thrashers sale gets unanimous approval

The NHL board of governors has unanimously approved the sale of the Atlanta Thrashers, paving the way for the club to move to Winnipeg for next season.

True North Sports and Entertainment bought the team last month and announced it was bringing the Thrashers to Winnipeg, which lost the Jets to Phoenix after the 1995-96 season. Yesterday's vote by the board was the final hurdle in the process to relocate the team.

The votes on the sale and the relocation were unanimous among the league's owners.

"We are very honoured by the NHL board of governors' unanimous decision today," Mark Chipman, True North's chairman of the board, said in a statement.

"We know that the fans of this province have an appetite for NHL hockey that is rivalled by few in the league and intend to work very hard to make Manitobans proud of our franchise for years to come."

There was a different emotion in Atlanta.

"It's a sad day for hockey fans in Atlanta, but the franchise is going to a good place and run by good people," Thrashers president Don Waddell said. "I wish them well, because a lot of good people are going to go with them."

The sale is reportedly for $170 million US, including a $60-million relocation fee that will be split by the rest of the owners.

THE ASSOCIATED PRESS

Sports in brief

No deal now for Reyes

MLB. Jose Reyes has told the New York Mets he's not interested in negotiating a new contract during the season.

The star shortstop can become a free agent after the World Series and could be one of the biggest prizes on the open market next winter.

THE ASSOCIATED PRESS

Philly to get Winter Classic?

NHL. The New York Times is reporting the New York Rangers and Philadelphia Flyers will play at Citizens Bank Park in the next Winter Classic game.

THE ASSOCIATED PRESS

Rematch takes much less time

The rematch of the longest match in tennis history certainly was a lot shorter.

A year after needing 11 hours five minutes spread over three days to finish a match that ended 70-68 in the fifth set, John Isner required only about two hours and a mere three sets to beat Nicolas Mahut of France in the first round at Wimbledon this time.

8 Last year, Isner hit 113 aces and Mahut 103. This year, each man finished with eight.

Isner won 7-6 (4), 6-2, 7-6 (6) yesterday.

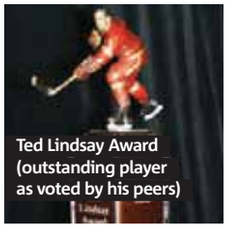
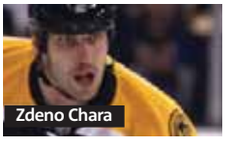
"It wasn't easy," the American said, "but obviously it was considerably quicker than the last time we played."

Isner also won their first-round marathon at the All England Club in 2010, when play twice was suspended by darkness and the match shattered all sorts of records, including for most time on court, most total games, longest set and most aces.

THE ASSOCIATED PRESS

Handicapping the trophy races

The NHL's best players walk the red carpet in Las Vegas tonight when the league holds its annual awards show Here are a few predictions, and some worthy winners

	Nominees	Who will win	Who should win	The skinny
Hart Trophy (most valuable player to his team)	Corey Perry (Anaheim), Daniel Sedin (Vancouver) and Martin St. Louis (Tampa Bay).	Corey Perry	Tim Thomas	Perry's strong surge at the end of the season — he scored 19 times in the final 16 games to finish with 50 goals — probably resonated strongest with reporters casting votes in April, but a record-breaking season from Thomas is most worthy of the honour.
 Ted Lindsay Award (outstanding player as voted by his peers)	Corey Perry (Anaheim), Daniel Sedin (Vancouver) and Steven Stamkos (Tampa Bay).	Daniel Sedin	Corey Perry	The players will find it tough to ignore Daniel Sedin's league-leading point total of 104. The biggest factor working against Daniel is that he might not have been the most outstanding player on his own team — Ryan Kesler and Henrik Sedin have a case.
Vezina Trophy (outstanding goaltender)	Roberto Luongo (Vancouver), Pekka Rinne (Nashville) and Tim Thomas (Boston).	Roberto Luongo	Tim Thomas	The NHL's 30 general managers vote on this award and will likely be inclined to reward Luongo for helping the Canucks to a dominant regular season that included the Presidents' Trophy.
Norris Trophy (outstanding all-around defenceman)	Zdeno Chara (Boston), Nicklas Lidstrom (Detroit) and Shea Weber (Nashville).	Shea Weber	 Zdeno Chara	Somehow, the six-foot-nine Chara seemed to slip below the radar despite being at his dominant best.
Jack Adams (outstanding coach)	Dan Bylsma (Pittsburgh), Barry Trotz (Nashville) and Alain Vigneault (Vancouver).	Dan Bylsma	Alain Vigneault	The NHL Broadcasters Association votes on this award and traditionally recognizes the coach in charge of the league's biggest overachiever. However, Vigneault did an even more impressive job in leading the Canucks to their best season in franchise history. THE CANADIAN PRESS

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More Power. Less Fuel. Great Value is a comparison between the entire current Chrysler Canada lineup and the entire 2010 Chrysler Canada lineup. Wise customers read the fine print: •, ‡, ±, ††, §, ∞ The Month of the Ram Event offers are limited time offers which apply to retail deliveries of selected new and unused models purchased from participating dealers on or after June 1, 2011. Dealer order/trade may be necessary. Offers subject to change and may be extended without notice. See participating dealers for complete details and conditions. •$26,498 Purchase Price applies to 2011 Ram 1500 Quad Cab SXT 4x4 (24A+AGR+XHI) only and includes $8,750 Consumer Cash Discount. See participating dealers for complete details. Pricing includes freight ($1,400) and excludes licence, insurance, registration, any dealer administration fees and other applicable taxes. Dealer order/trade may be necessary. Dealers may sell for less. ^Consumer Cash Discounts are offered on most new 2010 and select 2011 vehicles and are manufacturer-to-dealer incentives, which are deducted from the purchase price before taxes are applied. See your dealer for complete details. ‡Based on 2011 Ram 1500 Crew Cab 4x4 Laramie (DJS) shown with optional equipment. Price including destination and excluding taxes, licence, insurance, registration, excess mileage and wear and tear charges, any dealer administration fees and other applicable fees and charges not included. Dealers may set for less. See participating dealers for complete details. §2011 Ram 1500 Crew Cab Laramie shown with optional equipment. Price including applicable Consumer Cash Discounts: $39,635. Pricing includes freight ($1,400) and excludes licence, insurance, registration, excess mileage and wear and tear charges, any dealer administration fees and other applicable fees and charges not included. Dealers may set for less. See participating dealers for complete details. ±Based on TD, RBC and Scotiabank Prime Rate and fluctuations accordingly. Payments and financing term may increase or decrease with rate fluctuations. TD offer is not open to residents of Newfoundland and Labrador, Yukon, Nunavut and Northwest Territories. Some conditions apply. See participating dealers for complete details. ††Customer Choice Financing for 36-, 48- and 60-month terms on approved credit through TD Financing Services and Ally Credit Canada is available at participating dealerships to qualified retail customers on select NEW 2011 Chrysler, Jeep, Dodge and Ram models (except Grand Caravan Cargo Van and Ram Chassis Cab). The following terms apply to TD Financing Services contracts: **(Different contract terms apply to Ally Credit Canada offers. See your dealer for complete details.)** Vehicles are financed over a 36-, 48- or 60-month term with payments amortized over a term of up to 96 months and the pre-determined residual balance payable at the end of the contract. At contract's end, customers have the choice of returning their vehicle through a Chrysler, Jeep, Dodge, Ram dealership with no further obligations (except payment of a $199 return fee and excess wear and tear, mileage and similar charges), financing the remaining balance for the rest of the amortization period at then-current standard rates or paying the residual balance in full. Some conditions apply. Customer Choice Financing offered by TD in Quebec is subject to different terms and conditions. All advertised Customer Choice Financing offers are TD offers. Example: 2011 Ram 1500 Quad Cab SXT 4x4 (24A+AGR+XHI) with a Purchase Price of $26,498 financed at 1.99% APR over 48 months with payments amortized over 69 months equals 104 bi-weekly payments of $148 and one final payment of $12,683 for a cost of borrowing of $1,578 and a total obligation of $28,076. Taxes, licence, insurance, registration, excess mileage and wear and tear charges, any dealer administration fees and other applicable fees and charges not included. Dealers may set for less. See participating dealers for complete details. ∞2011 Ram 1500 Crew Cab Laramie shown with optional equipment. Price including applicable Consumer Cash Discounts: $39,635. Pricing includes freight ($1,400) and excludes licence, insurance, registration, excess mileage and wear and tear charges, any dealer administration fees and other applicable fees and charges not included. Dealers may set for less. See participating dealers for complete details. ¥Based on 2011 year-to-date market share gain. ¥Based on R. L. Polk sales total registrations for 2010 and 2011 (January through April). The Best Buy Seal is a registered trademark of Consumers Digest Communications LLC, used under licence. ®SIRIUS and the dog logo are registered trademarks of SIRIUS Satellite Radio Inc. ®Jeep is a registered trademark of Chrysler Group LLC. Customer Choice Financing is a trademark of Chrysler Group LLC.

Battery in the back

The eAssist gets its energy supply from a 115-volt lithium-ion battery that's positioned behind the rear seat.

The 29-kilogram battery's compact size means that the LaCrosse's 60:40 split rear seat will still fold flat for additional storage as before (unlike some other hybrid models), but with only about a 15 per cent reduction in trunk space.

Cooling things down

Lithium-ion batteries tend to generate a lot of heat, as anyone who has ever operated a laptop computer on their lap can readily attest.

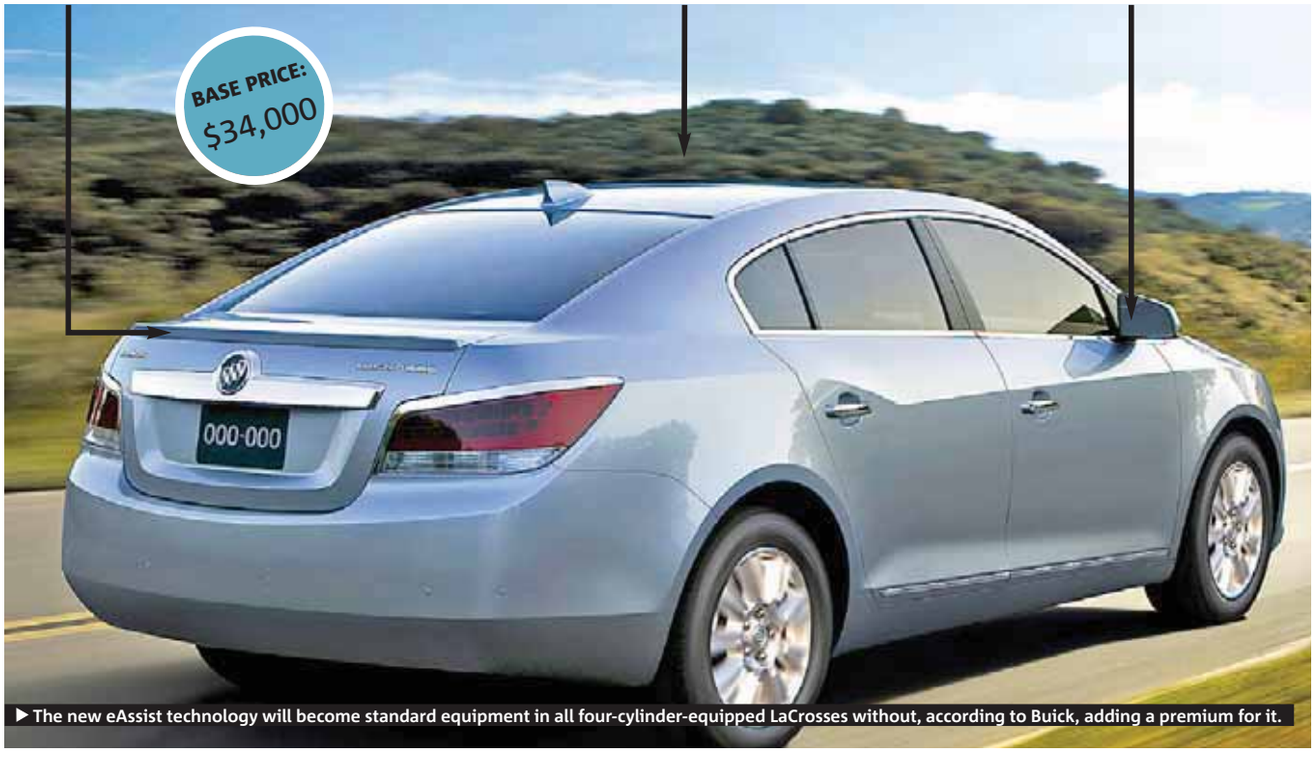
To help cool things down, an electric fan is used that draws air from a vent located on the parcel shelf behind the rear seat. According to Buick, the fan motor will not be noisy enough to disturb any passengers.

Fuel economy

Buick promises that the driving experience with the new hardware won't differ from piloting a regular gas-engine model.

But what will be different is the fuel economy rating that the LaCrosse is expected to generate: 8.01/100 km in the city and 5.4 on the highway.

Those numbers represent a significant 26 per cent improvement in city fuel economy and 16 per cent on the highway over the 2011 LaCrosse's 10.8/6.5 city/highway rating.



▶ The new eAssist technology will become standard equipment in all four-cylinder-equipped LaCrosses without, according to Buick, adding a premium for it.

A gas-sipper, but not a hybrid

MALCOLM GUNN
DRIVE@METRONEWS.CA
WHEELBASE MEDIA

Seekers of fuel-efficient mid- and full-size luxury sedans have had little choice but to shell out a hefty premium demanded by Lexus, BMW and Mercedes-Benz for a luxury gas-electric hybrid model.

That's about to change later this year when General Motors' Buick division rolls out its 2012 LaCrosse equipped with the eAssist system. As the name implies, eAssist is an electrified helper motor that doesn't independently power the car, but kicks in when the LaCrosse is accelerating or heading up hill.

But that's only part of the story, so much so that GM avoids using the term "hybrid" when referencing this technology.

Without getting overly geeky, eAssist begins with a 15-horsepower liquid-cooled electric motor-generator that replaces the LaCrosse's traditional alternator. Beyond providing power enrichment for the 182-horsepower 2.4-litre four-cylinder gas engine when needed, the generator also automatically shuts it down anytime the car comes to a stop, then instantly fires the engine up again when the driver takes his or her foot off the brake.

In addition, eAssist cuts off the gas engine's fuel supply whenever the LaCrosse is decelerating, while at the same time maintaining necessary power to the car's braking, steering and other electronic controls.

Pretty slick stuff.

▶ In case you're wondering when eAssist is doing its thing, the LaCrosse is more than happy to point it out.

▶ The usual LaCrosse interior features high style that's on par with many luxury brands.

LaCrosse eAssist

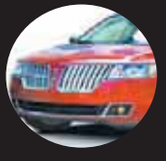
What you should know about the 2012 Buick LaCrosse eAssist:

- **Types:** Four-door front-wheel-drive mid-size entry-luxury hybrid sedan.
- **Engine (hp):** 2.4-litre DOHC I4 (182) combined with 15-horsepower electric motor.
- **Transmission:** Six-speed automatic.
- **Market position:** The eAssist LaCrosse takes on traditional luxury hybrids with its combination of excellent fuel economy, at a selling price that's expected to vary little, if at all, from its previous gas-engine-only drivetrain.
- **Mileage:** L/100 km (city/hwy) 8.0/5.4.

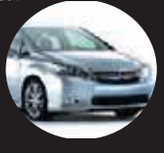
5 drive

By comparison

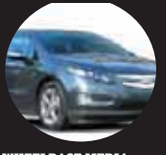
Lincoln MKZ
Base price: $43,800
Smart-looking hybrid sedan's city fuel efficiency tops in this class.



Lexus HS 250h
Base price: $42,900
Well-appointed Toyota Prius-based model not for the performance-minded.



Chevrolet Volt
Base price: $43,000
Early adopter's high-tech eco-wonder carriage shuns gas pumps.



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TESLA TAKES ON QUASI MAINSTREAM

AUTO PILOT

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▶ The upcoming Model S. and future sale tactics expected from Tesla are almost — but not quite — a move toward mainstream.

Tesla, maker of all-electric vehicles, is going mainstream — or at least to Tesla's version of mainstream.

California-based Tesla arrived on the Canadian automotive landscape last year, with one model — the Roadster, a little all-electric ditty offering lots of get-up-and-go, and lots of exclusivity with its starting price of $125,000.

By next summer, Tesla will have another model — the Model S. A $57,400 luxury-sports sedan that will seat 5, or 7 with the optional rear-facing child seats. By 2013 we can expect Model X (a tall wagon or SUV kind of thing), and sometime after that, another sedan (a BMW 3 Series competitor kind of thing).

Tesla is determined to build and sell about 100,000 vehicles a year, which is more or less capacity of the former-Toyota plant (in Fremont, California) that Tesla took over last year.

This sounds like mainstream volume, but don't be fooled. Tesla isn't interested in anything mainstream. The technology of the cars isn't mainstream, and either is how it intends to market and sell and service its growing volume.

We caught up with Tesla's main man in Canada, Hans Ulsrud in Toronto. While the Model S concept looks pretty fetching, Ulsrud assured me that the production car "looks even better."

Tesla Canada's first sales facility will be located in Toronto later this year, but don't go looking for it where dealerships usually congregate, like in those big, sprawling "auto malls" just outside the city.

Ulsrud said the showroom will be in one of the premier shopping malls in the GTA. And for style and feel, he said, "Think Apple Store…"

The same sales executive behind Apple's infiltration into the malls is behind Tesla's retail strategy — George Blankenship. Tesla Santana Row was the first such store (San Francisco), followed by Tesla Park Meadows is the second (Glendale, Colorado).

This calls for separate service facilities. Toronto's service facility opened just this week, near the airport. Tesla Service also does house calls. According to Ulsrud, other key Canadian cities for Tesla are Montreal, Calgary and Vancouver. (All around late 2012, or early 2013.)

You can now reserve a Model S, with a (refundable) deposit. The first 2,000 will be special "Signature" editions. Ulsrud noted that half of the 200 Signature models earmarked for Canada are already spoken for, even though the price has yet to be established (mid $80K to mid $90K).

Tesla fun facts

1. Launching in Canada in fall of 2012
2. Expected first-year production: 5,000-7,000
3. Expected subsequent annual production: 20,000
4. $57,400 for Model S with 258-km range battery; $67,400 for Model S with 370-km range battery
5. Top speed: 200 km/hr. Rear-wheel drive with traction control

Top Gear

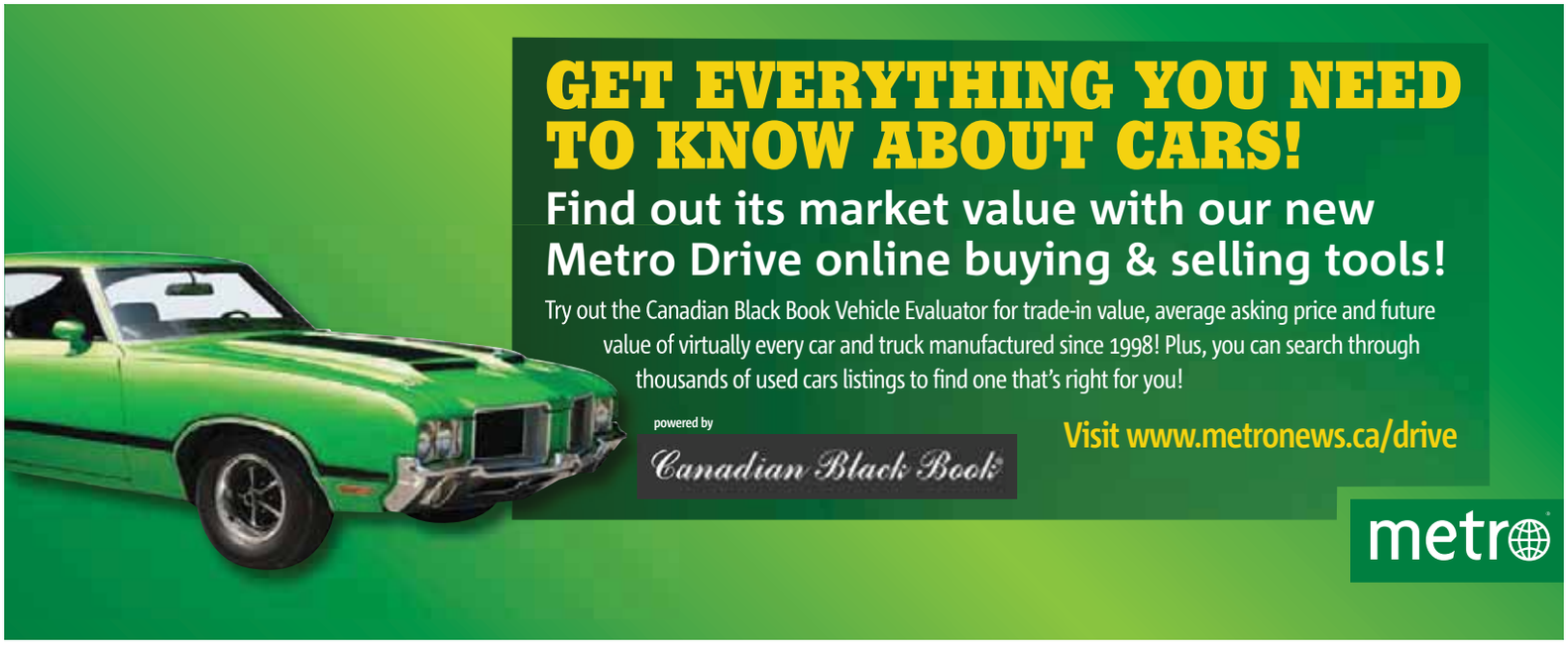
ALL PHOTOS COURTESY OF WHEELBASE

1 Where better to bolt a set of modern Hurst wheels than a new retro-styled Dodge Challenger, Chevrolet Camaro or Ford Mustang. A set of four will cost you close to $3,000 US.

2 Retrofitting disc brakes to an old classic is a great idea, but they don't always fit. To fit within a small wheel, Wilwood has an 11-inch-diameter-disc package with a low-profile caliper. Visit wilwood.com.

3 Burried below that paint job could be bodywork, but how can you tell? The Filler Detective, about $100 US, is a meter that lights up and makes sounds when filler is detected. Visit, fillerdetective.com.

4 Coker Tire sells new tires for vehicles that are no longer supported. Looking for redline tires for your 1960s musclecar? Look no further. Take a look at Coker's enormous variety site, at cokertire.com. **WHEELBASE**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Bank on family-ready versatility

Compass with manual gearbox will be the safest bet

SECOND GEAR

JUSTIN PRITCHARD
DRIVE@METRONEWS.CA

What's the 4-1-1

- **Model:** 2007 to 2010 Jeep Compass.
- **Vehicle type:** Compact crossover/4x4.

JUSTIN PRITCHARD/FOR METRO

▶ 2010 Jeep Compass North Edition

Though the Jeep Compass wasn't a diehard mud-slinger like its siblings, it intended to attract a new buyer to the brand with its fuel efficiency, city-friendly sizing and promise of affordable adventure.

All models got standard four-cylinder power and front wheel drive. The larger, 2.4-litre, 172 horsepower engine is typically preferred. Compass could be fitted with an "intelligent" AWD system that featured a driver-lockable centre differential for enhanced traction. Transmission choices were a manual five-speed box or a Continually Variable Transmission (CVT).

Look for features like heated seats, Bluetooth, premium audio, a sunroof and multimedia connectivity. A household power outlet was also available, and split-folding seats enhanced cargo capacity when required. Sizing was in the same ballpark as a Toyota Matrix, Dodge Caliber or Mazda 3.

End of the day, compact driving dynamics, fuel efficiency and versatility moved the Compass from dealer lots more than off-road prowess, though Compass was capable of light to moderate off-road work as needed.

What owners like

Manoeuvrability, flexibility, all-season traction with 4x4 models and styling, all seem to be rated positively by the majority of Compass owners. Car-like ride quality, the up-level stereo and fuel mileage were also praised.

What owners dislike

Owner-stated complaints tend to centre around cheap interior plastics, sluggish performance from models with the CVT transmission, road noise, blind spots and limited ground clearance and off-road abilities.

Common issues

When test-driving a used Compass, "listen" to the vehicle's front end for signs of clunking, popping or grinding sounds while steering or travelling over bumps. Unwelcome noises could indicate a worn-out suspension component, and numerous owners have reported premature wear of these parts. Driveability issues with the CVT transmission, including reduced or sluggish acceleration, could be a computer-related problem fixed by rebooting or re-flashing the vehicle's computer brain. Grinding sounds from the CVT transmission, or a bucking or "jerking" sensation when decelerating, could be signs of trouble. Opt for a manual-equipped model where possible.

Finally, check the ceiling liner around the map lights, as well as carpeting in the front footwells for signs of moisture — which could indicate a leaky sunroof or drain tubes.

The verdict

Low resale values, good mileage and family-ready versatility will be the primary draws to the Jeep Compass in the used market. Shoppers seeking out a model with a manual transmission and a clean bill of health from a Chrysler-trained mechanic should enjoy fairly solid reliability and affordable all-season driving confidence.

Check out Justin's video car reviews: youtube.com/mr2pritch.

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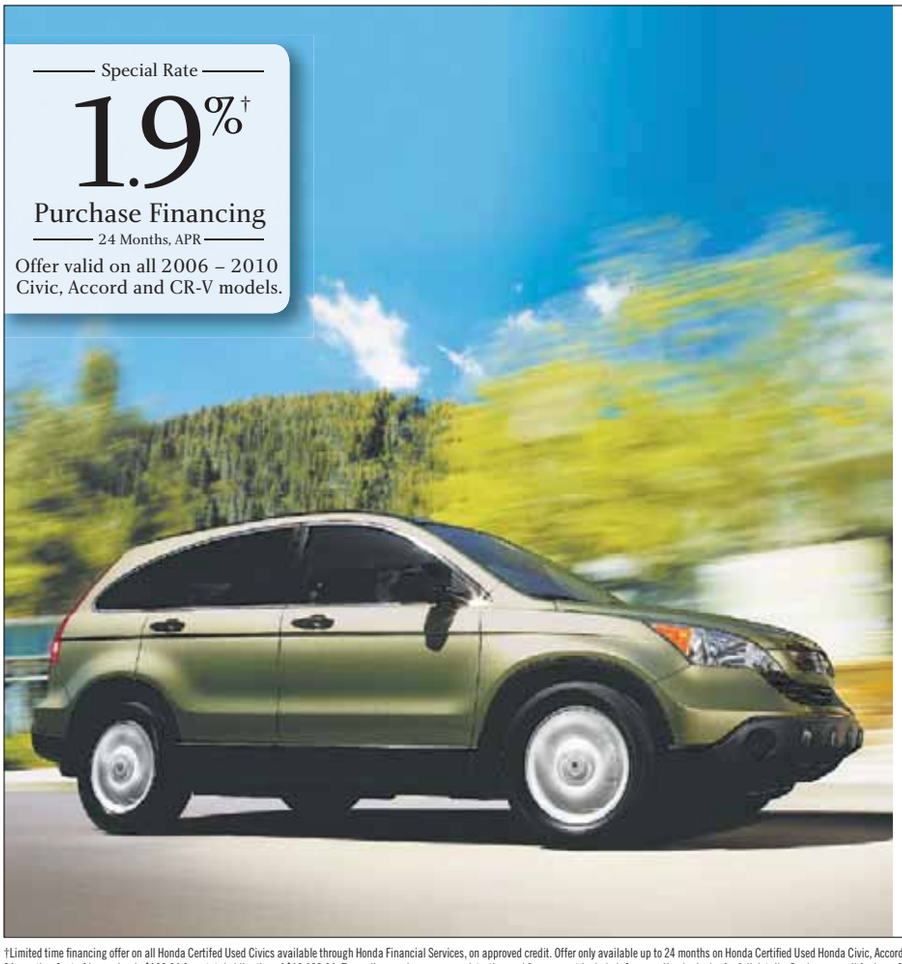

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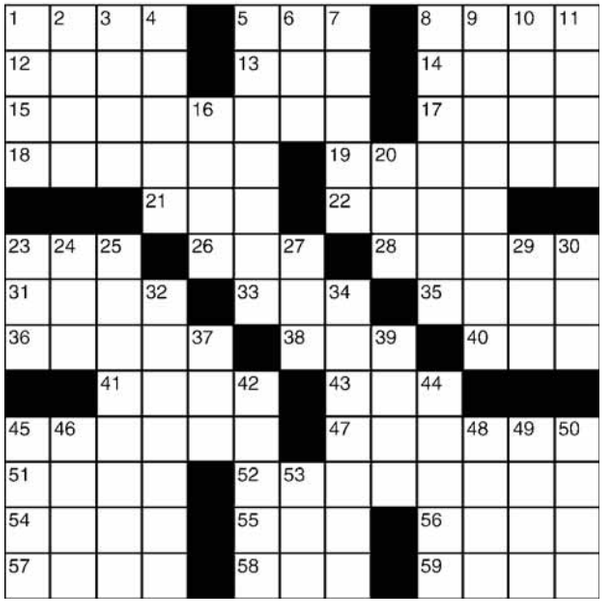
Crossword



Across

1 Break suddenly
5 $ dispenser
8 Actress Sorvino
12 Luxurious
13 Carnival city
14 Prayer ending
15 Not domestic
17 Bridge
18 Checked out
19 Old Portuguese money
21 Praise in verse
22 Carpet style
23 Sapporo sash
26 Lab goings-on (Abbr.)
28 Dada artist Max
31 Weaponry
33 Antiquated
35 Of planes and such
36 Phi Beta —
38 Meadow
40 Rotation duration
41 Steals from
43 Latin 101 word
45 Sesame Street's Oscar, e.g.
47 Super-active person
51 Guns the engine
52 Begged
54 Sheltered
55 By way of
56 Locate
57 Physiques, slangily
58 Novelist Radcliffe
59 Crazes

Down

1 Skewer
2 Iditarod terminus
3 Venomous vipers
4 Pic
5 Erte's style
6 Dead heat
7 Fashions
8 Eyelash enhancer
9 Attacked verbally
10 Peruse
11 — Domini
16 Cincinnati team
20 That boat
23 Erstwhile acorn
24 Support system?
25 Made better
27 Under the weather
29 Spanish Mrs.
30 Gift from Santa
32 Husband and wife
34 Very inexpressive
37 1970 Jackson 5 hit
39 — nitrate
42 Hindu destruction god
44 Switch type
45 Snatch
46 Move, in Realtor-speak
48 Met melody
49 Repair
50 Probability
53 Hr. fraction

▶ Yesterday's answer

A	P	S	E		M	A	Y		F	O	A	M
F	O	A	L		O	W	E		O	G	L	E
A	L	L	F	O	U	R	S		U	R	G	E
R	O	T		P	R	Y		F	R	E	A	K
			P	U	N		B	U	S			
R	E	E	L	S		F	O	R	C	E	P	S
E	G	R	U		W	I	G		O	N	T	O
F	O	R	S	T	E	R		G	R	E	A	T
			F	O	B		R	O	E			
D	E	C	O	Y		J	O	E		E	B	B
O	A	H	U		F	O	U	R	S	T	A	R
T	S	A	R		I	V	S		A	C	R	E
S	E	T	S		B	E	E		W	H	E	W

Sudoku

7				9		6	1	5
					7			4
		5		4	6	9		
3				8	9	5		
		8	6	1				7
		2	4	5		3		
1			8					
4	3	6		7				1

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Sherri.. Because i love you, I wont hurt you, I wont be unfaithfull, and i'll be yours, if you let me. Ill give you the key to my heart, because i love you too much, I wont let you go, in the dark, because i love you, I want to spend the rest of my life with you...!! **ARIA**

S.E. we have been separated for 5 weeks and I hope nothing had changed when you come back. I will always love you! Miss you so much! I will be waiting. My hugs and kisses. **GEENIE**

Nikita
So glad that you read about our first kisses They may not be perfect but we will try to improve those. Driving home today after you, You go north me south. Baby, how can you mend a broken heart ? If you have read this, turn back and look at me. **MIKE**

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 Your outgoing attitude will draw people in, mainly because they want something only you can give.

♉ Taurus April 21-May 21 If you've made a mistake, you should own up to it now. Don't try to pin the blame on other people.

♊ Gemini May 22-June 21 You need to be more open with partners and loved ones. Confide more in them than you do now.

♋ Cancer June 22-July 22 Don't push yourself too hard today. In fact, don't push yourself at all.

♌ Leo July 23-Aug.23 Put work and career matters on hold and focus on more personal issues.

♍ Virgo Aug. 24- Sept. 22 Let others know how much you care about them. Watch the tears though — no one likes a cry baby.

♎ Libra Sept. 23-Oct. 23 If a loved one is feeling low today, make it your business to cheer him or her up.

♏ Scorpio Oct. 24-Nov. 22 Don't be suspicious today. If other's feel a lack of trust, they'll do business with someone else.

♐ Sagittarius Nov. 23-Dec. 21 Everything you do puts money in your pocket one way or another.

♑ Capricorn Dec. 22-Jan. 20 Look around you — you're still better off than most people. Now, where's that smile?

♒ Aquarius Jan. 21-Feb. 18 Almost anything you ask for now will be yours, if not immediately, then in a matter of hours or days.

♓ Pisces Feb. 19-March 20. Everything that's meant to happen, will — in its own good time. Be patient. **SALLY BROMPTON**

Caption contest

JULIEN BEHAL-PA/ THE ASSOCIATED PRESS

PETER DEJONG/ THE ASSOCIATED PRESS

WIN! You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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THE 2011 #1 SELLING PASSENGER CAR BRAND IN CANADA[1]

GRADUATE REBATE PROGRAM

HYUNDAI™ DOUBLE SAVINGS EVENT

RIGHT NOW GET **0%** FINANCING FOR UP TO **84** MONTHS

AND SAVE 30¢/L UNTIL 2012*

2011 ACCENT CLEAROUT

NO CHARGE UPGRADE $1,200 VALUE[Ω]
- SUNROOF • FOG LIGHTS • 16" ALLOY WHEELS
- SPORT-TUNED SUSPENSION

7 YEAR / 120,000 KM WARRANTY[δ]

GL Sport model shown

2011 ACCENT L SPORT 3DR

HIGHWAY 5.7L/100 KM – **50** MPG▼

OWN IT **$83**† BI-WEEKLY PAYMENT WITH **0%** FINANCING FOR **84** MONTHS

NO DOWN PAYMENT
ACCENT L SPORT 3DR 5-SPEED.
DELIVERY & DESTINATION INCLUDED.

THE MOST FUEL-EFFICIENT FLEET OF VEHICLES ON THE ROAD.

The EPA named Hyundai's 2010 fleet of vehicles the most fuel-efficient in the U.S.▼

2011 ELANTRA TOURING
EUROPEAN INSPIRED 5-DOOR

HIGHWAY 6.5L/100 KM – **43** MPG▼

GLS Sport model shown

OWN IT **$91**† BI-WEEKLY PAYMENT WITH **0%** FINANCING FOR **84** MONTHS

NO DOWN PAYMENT
ELANTRA TOURING L 5-SPEED.
DELIVERY & DESTINATION INCLUDED.

2011 TUCSON
AJAC'S BEST NEW SUV/CUV UNDER $35K

HIGHWAY 6.5L/100 KM – **43** MPG▼

Limited model shown

OWN IT **$140**† BI-WEEKLY PAYMENT WITH **0%** FINANCING FOR **72** MONTHS

NO DOWN PAYMENT
TUCSON L 5-SPEED.
DELIVERY & DESTINATION INCLUDED.

2011 SANTA FE
2010 BEST-SELLING IMPORT SUV IN CANADA[ΔΔ]

HIGHWAY 7.2L/100 KM – **39** MPG▼

Limited model shown

OWN IT **$142**† BI-WEEKLY PAYMENT WITH **0%** FINANCING FOR **84** MONTHS

NO DOWN PAYMENT
SANTA FE 2.4L GL 6-SPEED.
DELIVERY & DESTINATION INCLUDED.

2011 VERACRUZ

"IT'S A SEVEN-SEATER, MID-SIZE SUV WITH SERIOUS CARGO AND PEOPLE-CARRYING CAPACITY."
– THE GLOBE AND MAIL

7 PASSENGER SEATING

- SPACIOUS, UPSCALE INTERIOR WITH THIRD ROW FOLD-FLAT SEATING • 6 STANDARD AIRBAGS
- 3.8L V6 ENGINE • 6-SPEED AUTOMATIC TRANSMISSION
- BLUETOOTH® HANDS FREE PHONE SYSTEM
- AVAILABLE AWD

Limited model shown

OWN IT **$189**† BI-WEEKLY PAYMENT WITH **0%** FINANCING FOR **84** MONTHS

NO DOWN PAYMENT
VERACRUZ GL FWD.
DELIVERY & DESTINATION INCLUDED.

HIGHWAY 8.5L/100 KM – **33** MPG▼

5 YEAR WARRANTY 100,000 KM

5-year/100,000 km Comprehensive Limited Warranty
5-year/100,000 km Powertrain Warranty
5-year/100,000 km Emission Warranty

HyundaiCanada.com

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855 Automall Dr.
North Vancouver, 604-985-0055
D#6700

Murray Hyundai White Rock
3150 King George Highway
Surrey, 604-538-7022
D#30780

OpenRoad Hyundai
13171 Smallwood Place
Richmond, 604-606-9033
D#28516

Maple Ridge Hyundai
23213 Lougheed Highway
Maple Ridge, 604-467-3401
D#7356

Jim Pattison Hyundai Port Coquitlam
Unit B - 2385 Ottawa St.
Port Coquitlam, 604-552-1700
D#30242

Abbotsford Hyundai
30250 Automall Dr.
Abbotsford, 604-857-2622
D#9390

Langley Hyundai
19459 Langley Bypass
Surrey, 604-539-8549
D#30331

Mertin Hyundai
45753 Yale Rd.
Chilliwack, 604-702-1000
D#30337

Jim Pattison Hyundai Surrey
15365 Guildford Drive
North Surrey, 604-582-8118
D#10977

Destination Hyundai
445 Kingsway
Vancouver, 604-292-8188
D#31042

*The Hyundai names, logos, product names, features and slogans are trademarks owned by Hyundai Auto Canada Corp. ♦Finance offers available O.A.C. from Hyundai Financial Services based on a new 2011 Accent L Sport 3Dr 5-speed/Elantra Touring L 5-speed/2011 Tucson L 6-speed/2011 Santa Fe 2.4L GL 6-speed/2011 Veracruz GL FWD, with an annual finance rate of 0%/4.9%/6.9% for 84/84/72/60/48 months. Bi-weekly payment is $83/$91/$140/$142/$189. No down payment is required. Finance offers include Delivery and Destination of $1,495/$1,495/$1,795/$1,795/$1,795. Registration, insurance, PPSA, license fees and all applicable taxes are excluded. Delivery and destination charge excludes freight, PDI, dealer admin fees and all taxes. ΩUpgrade value is based on 2011 Accent L 3Dr 5-speed vs. 2011 Accent L Sport 3Dr 5-speed. δ7 year/120,000 km Hyundai Warranty is limited. Powertrain coverage is for 5 years/100,000 km. See dealer for complete details. ††Fuel consumption for 2011 Accent 3Dr HWY 5.7L/100km/2011 Elantra Touring L 6-speed (TRL)/100km/2011 Elantra GLS 6-speed (TRL)/100km/2011 Tucson L 5-speed 6.9L/100km/2011 Santa Fe 2.4L GL 6-speed Automatic FWD (CR) 10.4L/100KM. HWY 7.2L/100KM/2011 Tucson L HWY 6.6L/100KM. City 9.1L/100KM/2011 Veracruz GL FWD HWY 8.6L/100KM. City 12.7L/100KM are based on Energuide Fuel consumption ratings. Actual fuel efficiency may vary based on driving conditions and the addition of certain vehicle accessories. Fuel economy figures are used for comparison purposes only. ΔΔHyundai was the best-selling import SUV in Canada in 2010 according to DesRosiers Automotive Reports' Automotive Trends Report. ΔHyundai 7 year/160,000 km warranty consists of 5 year/100,000 km Comprehensive Limited Warranty coverage and an additional 2 year/60,000 km coverage under the Hyundai Protection Plan. Hyundai's Comprehensive Limited Warranty coverage doesn't cover normal wear and maintenance items and most vehicle components against defects in workmanship under normal use and maintenance conditions. Coverage under the Hyundai Protection Plan is subject to terms and conditions. Please contact your local dealer for all details. ††Hyundai's Comprehensive Limited Warranty coverage doesn't cover normal wear and maintenance items and most vehicle components against defects in workmanship under normal use and maintenance conditions. Coverage under the Hyundai Protection Plan is subject to terms and conditions. Please contact your local dealer for all details. ††Hyundai's Comprehensive Limited Warranty coverage doesn't cover normal wear and maintenance items and most vehicle components against defects in workmanship under normal use and maintenance conditions. Coverage under the Hyundai Protection Plan is subject to terms and conditions. Please contact your local dealer for all details. ††Hyundai's Comprehensive Limited Warranty coverage doesn't cover normal wear and maintenance items and most vehicle components against defects in workmanship under normal use and maintenance conditions.

HURRY IN! ONLY 4 DAYS LEFT

KIA

4-DAY CASH BONUS SALE

4 DAYS ONLY! JUNE 22 – 25

ON ALL NEW 2011/2012 IN-STOCK VEHICLES

PLUS AN ADDITIONAL $500 TO

$750 CASH BONUS§

PLUS $500 CASH BONUS§

TOP SAFETY PICK 2011^ INSURANCE INSTITUTE FOR HIGHWAY SAFETY

Soul 4u shown

2011 KIA SOUL

OWN IT FROM **$99**▼ AT **1.49%** LOAN APR

bi-weekly for 60 months amortized over 84 months. $5,082 remaining balance. Includes delivery and destination.

$0 DOWN PAYMENT | PLUS | ~~PAY~~ UNTIL FALL•

HWY: 6.3L/100KM (45 MPG)
CITY: 7.7L/100KM (37 MPG)

PLUS $500 CASH BONUS§

TOP SAFETY PICK 2011^ INSURANCE INSTITUTE FOR HIGHWAY SAFETY

Forte SX shown

2011 KIA FORTE

OWN IT FROM **$97**▼ AT **1.49%** LOAN APR

bi-weekly for 60 months amortized over 84 months. $4,950 remaining balance. Includes delivery and destination.

$0 DOWN PAYMENT | PLUS | ~~PAY~~ UNTIL FALL•

HWY: 5.7L/100KM (50 MPG)
CITY: 8.1L/100KM (35 MPG)

PLUS $750 CASH BONUS§

TOP SAFETY PICK 2011^ INSURANCE INSTITUTE FOR HIGHWAY SAFETY

MOTORING 2011△ CAR OF THE YEAR

Sportage EX Luxury shown

2011 KIA SPORTAGE

WAS ~~$23,645~~

NOW GET UP TO **$2,000** IN CASH SAVINGS◂

CASH PURCHASE PRICE FROM **$21,645**◂

Includes delivery and destination.

HWY: 6.9L/100KM (41 MPG)
CITY: 10.0L/100KM (28 MPG)

ALL VEHICLES INCLUDE: MP3/USB INPUT | BLUETOOTH CONNECTIVITY®

5 Year Warranty*

WE'VE GOT YOU COVERED

***5-year/100,000 km worry-free comprehensive warranty**
*5-year/100,000 km powertrain warranty
*5-year/100,000 km extra care roadside assistance
*no deductible charge

Visit kia.ca to learn more.
Making informed decisions –
that's how we can all drive change.

KIA MEMBER REWARDS
Earn points towards future discounts.
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$500 Grad Rebate

KIA mobility PROGRAM

Follow us on

Offer(s) available on all new 2011 models through participating dealers to qualified customers who take delivery by June 25, 2011. Dealers may sell for less. Some conditions apply. Offers are subject to change without notice. See dealer for complete details. Vehicle images shown may include optional accessories and upgrades. **0% purchase financing is available on all 2011 Kia models on approved credit (OAC). Terms vary by model and trim, see dealer for details. Representative financing example based on 2011 Kia Forte5 with a selling price of $18,150, financed at 0% APR for 60 months. Includes delivery and destination fees of $1,455, other fees and certain taxes (including tire levies and air conditioning tax, where applicable). Monthly payments equal $302.50 with a down payment/equivalent trade of $0. Cost of borrowing is $0, for a total obligation of $18,150. Other taxes, registration, insurance, licensing, PPSA ($79) and dealer fees are excluded. Retailer may sell for less. See dealer for full details. ▼"Don't Pay Until Fall" on select models (120-day payment deferral) applies to purchase financing offers on all models on approved credit (OAC) (2011 Sportage/Sorento/Borrego/Sedona excluded). No interest will accrue during the first 90 days of the finance contract. After this period, interest starts to accrue and the purchaser will repay the principal interest monthly over the term of the contract. ◂Cash purchase price for 2011 Sportage (SP55AB) is $21,645 and includes a cash credit of $2,000 and delivery and destination fees of $1,650 based on an MSRP of $23,645. Other taxes, registration, insurance, licensing, PPSA ($79) and dealer fees are excluded. Available at participating dealers. ▼Bi-weekly finance payment for 2011 Forte Sedan (F054DB/F074DB)/Soul (S05DDB) based on an MSRP of $17,450/$17,645 is $97/$99 with an APR of 1.49% for 60 months, amortized over an 84-month period. Estimated remaining principal balance of $4,950/$5,082 plus applicable taxes due at end of 60-month period. Offer includes delivery and destination fees of $1,455/$1,650 and a $750/$500 loan credit. §Bonus cash is available for all qualified customers who purchase and take delivery of a 2011/2012 Kia model between June 22-25, 2011. $750 bonus cash available on all 2011 or 2012 Kia Sportage/Sorento models and includes $250 dealer participation. $500 bonus cash available on all other 2011 or 2012 Kia models and includes $150 dealer participation. Bonus Cash is deducted from negotiated price before taxes. Offer available at participating dealers on in-stock vehicles only. ^The actual fuel consumption of these vehicles may vary. These estimates are based on the Government of Canada's approved criteria and testing methods. Refer to the Government of Canada publication *EnerGuide Fuel Consumption Guide*. ^2011 Kia Sportage/2011 Kia Soul/2011 Kia Forte Sedan/2011 Kia Sorento awarded the Top Safety Pick by the Insurance Institute for Highway Safety. The award is applicable to all 2011 Sportage/2011 Sorento models manufactured after March 2010. Visit www.iihs.org for full details. △2011 Kia Sportage awarded Car of the Year by *Motoring.2011* for Best SUV/CUV (under $40,000) and overall Car of the Year. Visit www.motoringtv.com for full details. °The Bluetooth® word mark and logo are registered trademarks and are owned by Bluetooth SIG, Inc. Some conditions apply to the $500 Grad Rebate Program and $750 Kia Mobility Program. See dealer for details. Information in this advertisement is believed to be accurate at the time of print. For more information on our 5-year warranty coverage, visit kia.ca or call us at 1-877-542-2886. Kia Canada is the official automotive sponsor of Mothers Against Drunk Driving (MADD Canada). KIA is a trademark of Kia Motors Corporation.

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KIA

4-DAY CASH BONUS SALE

4 DAYS ONLY! JUNE 22–25

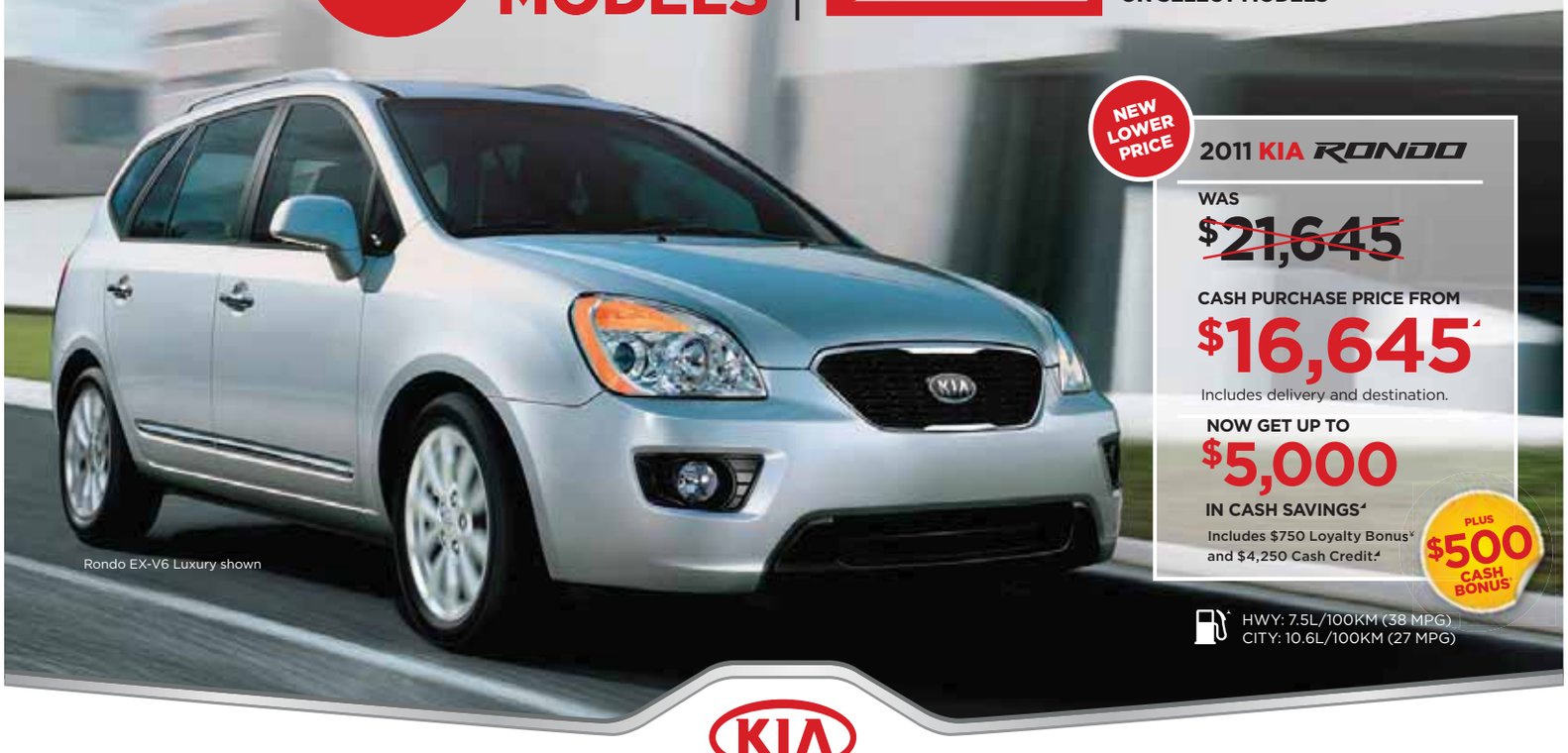
ON ALL NEW 2011/2012 IN-STOCK VEHICLES

PLUS AN ADDITIONAL $500 TO

$750 CASH BONUS§

0% FINANCING AVAILABLE ON ALL 2011 MODELS

PAY UNTIL FALL
ON SELECT MODELS♦



Rondo EX-V6 Luxury shown

NEW LOWER PRICE

2011 KIA RONDO

WAS ~~$21,645~~

CASH PURCHASE PRICE FROM
$16,645‹
Includes delivery and destination.

NOW GET UP TO
$5,000
IN CASH SAVINGS‹
Includes $750 Loyalty Bonus× and $4,250 Cash Credit.‹

PLUS $500 CASH BONUS§

HWY: 7.5L/100KM (38 MPG)
CITY: 10.6L/100KM (27 MPG)

KIA

5 Year Warranty*

WE'VE GOT YOU COVERED
*5-year/100,000 km worry-free comprehensive warranty
*5-year/100,000 km powertrain warranty
*5-year/100,000 km extra care roadside assistance
*no deductible charge

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$500 Grad Rebate

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